

**МИНИСТЕРСТВО НАУКИ И ВЫСШЕГО ОБРАЗОВАНИЯ
РОССИЙСКОЙ ФЕДЕРАЦИИ**
**Федеральное государственное автономное образовательное учреждение
высшего образования**
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КОМПЛЕКТ ОЦЕНОЧНЫХ МАТЕРИАЛОВ

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Направление подготовки:
Педагогическое образование

Направленность (профиль) образовательной программы:

**«Современные тренды в спортивном образовании/
Modern trends in sport education»**

Калининград

НОРМАТИВНОЕ ОСНОВАНИЕ ОТБОРА СОДЕРЖАНИЯ

Формирование комплекта оценочных материалов проводилось в соответствии с требованиями Федерального государственного образовательного стандарта высшего образования направления 44.04.01 «Педагогическое образование», утвержденного приказом Минобрнауки России от 22 февраля 2018 г. N 126

КОЛИЧЕСТВО ТЕСТОВЫХ ЗАДАНИЙ

Код компетенции	Наименование компетенции	Количество заданий
УК-1	Способен осуществлять критический анализ проблемных ситуаций на основе системного подхода, вырабатывать стратегию действий	15
УК-2	Способен управлять проектом на всех этапах его жизненного цикла	21
УК-3	Способен организовывать и руководить работой команды, вырабатывая командную стратегию для достижения поставленной цели	11
УК-4	Способен применять современные коммуникативные технологии, в том числе на иностранном(ых) языке(ах), для академического и профессионального взаимодействия	14
УК-5	Способен анализировать и учитывать разнообразие культур в процессе межкультурного взаимодействия	4
УК-6	Способен определять и реализовывать приоритеты собственной деятельности и способы ее совершенствования на основе самооценки	29
ОПК-1	Способен осуществлять и оптимизировать профессиональную деятельность в соответствии с нормативно правовыми актами в сфере образования и нормами профессиональной этики	17
ОПК-2	Способен проектировать основные и дополнительные Образовательные программы и разрабатывать научно-методическое обеспечение их реализации	18
ОПК-3	Способен проектировать организацию совместной и индивидуальной учебной и воспитательной деятельности обучающихся, в том числе с особыми образовательными потребностями	23
ОПК-4	Способен создавать и реализовывать условия и принципы духовно-нравственного воспитания обучающихся на основе базовых национальных ценностей	22
ОПК-5	Способен разрабатывать программы мониторинга результатов образования обучающихся, разрабатывать и реализовывать программы преодоления трудностей в обучении	7
ОПК-6	Способен проектировать и использовать эффективные психолого-педагогические, в том числе инклюзивные технологии в профессиональной деятельности, необходимые для индивидуализации обучения, развития воспитания обучающихся с особыми образовательными потребностями.	5
ОПК-7	Способен планировать и организовывать взаимодействия участников образовательных отношений	32
ОПК-8	Способен проектировать педагогическую деятельность на основе специальных научных знаний и результатов исследований	14
ПК-1	Способен организовывать деятельность обучающихся, направленную на освоение дополнительной общеобразовательной программы	43
ПК-2	Способен планировать и проводить учебные занятия в предметной области физической культуры по программам общего, профессионального и дополнительного образования	18
ПК-3	Способен разрабатывать программно-методическое	7

	обеспечение реализации дополнительной общеобразовательной	
ПК-4	Способен планировать и проводить прикладные научные исследования в сфере образования	11
ПК-5	Способен анализировать результаты научных исследований, применять их при решении конкретных научно-исследовательских задач в сфере образования	13
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РАСПРЕДЕЛЕНИЕ ЗАДАНИЙ ПО КОМПЕТЕНЦИЯМ И ДИСЦИПЛИНАМ

Матрица компетенций

Универсальные компетенции			
Код и наименование компетенции	Индикатор достижения компетенции	Дисциплина / модуль / практика	Семестр
УК-1. Способен осуществлять критический анализ проблемных ситуаций на основе системного подхода, вырабатывать стратегию действий	УК-1.1 Анализирует проблемные ситуации, используя системный подход УК-1.2 Использует способы разработки стратегии действий по достижению цели на основе анализа проблемной ситуации	Б1.О.01 Методология и методы научного исследования в профессиональной деятельности	2
		Б2.О.02(П) Производственная практика (научно-исследовательская работа)	4
УК-2. Способен управлять проектом на всех этапах его жизненного цикла	УК-2.1 Демонстрирует знание этапов жизненного цикла проекта, методов и механизмов управления проектом на каждом из этапов УК-2.2 Использует методы и механизмы управления проектом для решения профессиональных задач	Б1.О.01 Методология и методы научного исследования в профессиональной деятельности	2
		Б1.О.05 Технологии планирования учебно-тренировочного процесса	2
		Б2.О.02(П) Производственная практика (научно-исследовательская работа)	4
УК-3. Способен организовывать и руководить работой команды, вырабатывая командную стратегию для достижения поставленной цели	УК-3.1 Демонстрирует знание методов формирования команды и управления командной работой УК-3.2 Разрабатывает и реализует командную стратегию в групповой деятельности для достижения поставленной цели	Б1.О.03 Педагогика и психология в профессиональной деятельности	1,2
		Б2.О.01(П) Производственная педагогическая практика	4
УК-4. Способен применять современные коммуникативные технологии, в том числе на иностранном(ых) языке(ах), для академического и профессионального взаимодействия	УК-4.1 Редактирует, составляет и переводит различные академические тексты в том числе на иностранном(ых) языке(ах) УК-4.2 Представляет результаты академической и профессиональной деятельности на публичных мероприятиях, включая международные, в том числе на иностранном(ых) языке(ах)	Б1.В.02 Образовательные технологии в физической культуре и спорте	1
		Б1.О.02 Английский язык в сфере профессиональной коммуникации	1,2,3
		Б2.О.01(П) Производственная педагогическая практика	4
		Б2.В.02(Пд) Производственная преддипломная практика	4
		ФТД.В.02 Коммуникационная культура тренера	3
		ФТД.В.01 Русский язык как иностранный	1,2
		Б2.В.02(Пд) Производственная преддипломная практика	4

УК-5. Способен анализировать и учитывать разнообразие культур в процессе межкультурного взаимодействия	УК-5.1 Анализирует аксиологические системы; обосновывает актуальность их учета в социальном и профессиональном взаимодействии	Б1.В.02 Образовательные технологии в физической культуре и спорте	1
	УК-5.2 Выстраивает профессиональное взаимодействие с учетом культурных особенностей представителей разных этносов, конфессий и социальных групп	Б1.О.02 Английский язык в сфере профессиональной коммуникации	1,2,3
		Б2.О.01(П) Производственная педагогическая практика	4
		Б2.В.02(Пд) Производственная преддипломная практика	4
		ФТД.В.02 Коммуникационная культура тренера	3
УК-6. Способен определять и реализовывать приоритеты собственной деятельности и способы ее совершенствования на основе самооценки	УК-6.1 Оценивает свои личностные, ситуативные, временные ресурсы, оптимально их использует для успешного выполнения профессиональных задач	Б1.О.03 Педагогика и психология в профессиональной деятельности	1,2
	УК-6.2 Определяет способы совершенствования собственной деятельности и ее приоритеты на основе самооценки	Б2.О.01(П) Производственная педагогическая практика	4
	УК-6.3 Владеет индивидуально значимыми способами самоорганизации и саморазвития, выстраивает гибкую профессионально-образовательную траекторию	Б2.В.02(Пд) Производственная преддипломная практика	4

Общепрофессиональные компетенции			
Код и наименование компетенции	Индикатор достижения компетенции	Дисциплина / модуль / практика	Семестр
ОПК-1. Способен осуществлять и оптимизировать профессиональную деятельность в соответствии с нормативно правовыми актами в сфере образования и нормами профессиональной этики	ОПК-1.1 Демонстрирует знания приоритетных направлений развития системы образования Российской Федерации, законов и иных нормативных правовых актов, регламентирующие деятельность в сфере образования в Российской Федерации ОПК-1.2 Применяет основные нормативно-правовые акты в сфере образования и профессиональной деятельности с учетом норм профессиональной этики, выявляет актуальные проблемы в сфере образования с целью выполнения научного исследования ОПК-1.3 Выполняет действия по соблюдению правовых, нравственных и этических норм, требований профессиональной этики в условиях реальных педагогических ситуаций; действия по осуществлению профессиональной деятельности в соответствии с требованиями федеральных государственных образовательных стандартов всех уровней образования	Б1.О.04 Государственная политика в системе образования	1
		Б2.О.01(П) Производственная педагогическая практика	4
ОПК-2. Способен проектировать основные и дополнительные образовательные программы и разрабатывать научно-методическое обеспечение их реализации	ОПК-2.1 Знает содержание основных нормативных документов, необходимых для проектирования образовательных программ; сущность и методы педагогической диагностики особенностей обучающихся; сущность педагогического проектирования; структуру образовательной программы	Б1.О.05 Технологии планирования учебно-тренировочного процесса	2
		Б2.О.01(П) Производственная педагогическая практика	4

	и требования к ней; виды и функции научно- методического обеспечения современного образовательного процесса ОПК-2.2 Умеет учитывать различные контексты, в которых протекают процессы обучения, воспитания и социализации при проектировании образовательных программ; использовать методы педагогической диагностики; осуществлять проектную деятельность по разработке образовательных программ; проектировать отдельные структурные компоненты образовательных программ ОПК-2.3 Владеет опытом выявления различных контекстов, в которых протекают процессы обучения, воспитания и социализации; опытом использования методов диагностики особенностей учащихся в практике; способами проектной деятельности в образовании; опытом участия в проектировании образовательных программ		
ОПК-3 Способен проектировать организацию совместной и индивидуальной учебной и воспитательной деятельности обучающихся, в том числе с особыми образовательными потребностями.	ОПК-3.1 Знает основы применения образовательных технологий (в том числе в условиях инклюзивного образовательного процесса), необходимых для адресной работы с различными категориями обучающихся, в том числе с особыми образовательными потребностями; основные приемы и типологию технологий индивидуализации обучения ОПК-3.2 Взаимодействует с другими специалистами в процессе реализации образовательного процесса; соотносит виды адресной помощи с индивидуальными образовательными потребностями обучающихся на соответствующем уровне образования ОПК-3.3 Владеет методами (первичного) выявления обучающихся с особыми образовательными потребностями; действиями оказания адресной помощи обучающимся на соответствующем уровне образования	Б1.О.03 Педагогика и психология в профессиональной деятельности	1,2
		Б1.О.05 Технологии планирования учебно-тренировочного процесса	2
		Б1.О.06 Управление качеством образования	3
		Б2.О.01(П) Производственная педагогическая практика	4
ОПК-4. Способен создавать и реализовывать условия и принципы духовно-нравственного воспитания обучающихся на основе базовых национальных ценностей	ОПК-4.1 Знает принципы и подходы к реализации процесса воспитания; методы и приемы формирования ценностных ориентаций обучающихся, развития нравственных чувств (совести, долга, эмпатии, ответственности и др.), формирования нравственного облика	Б1.О.03 Педагогика и психология в профессиональной деятельности	1,2
		Б1.О.06 Управление качеством образования	3

	(терпения, милосердия и др.), нравственной позиции (способности различать добро и зло, проявлять самоотверженность, готовности к преодолению жизненных испытаний) нравственного поведения; документы, регламентирующие содержание базовых национальных ценностей ОПК-4.2 Создает воспитательные ситуации, содействующие становлению у обучающихся нравственной позиции, духовности, ценностного отношения к человеку ОПК-4.3 Владеет методами и приемами становления нравственного отношения обучающихся к окружающей действительности; способами усвоения подрастающим поколением и претворением в практическое действие и поведение духовных ценностей (индивидуально-личностных, общечеловеческих, национальных, семейных и др.)	Б2.О.01(П) Производственная педагогическая практика	4
ОПК-5. Способен разрабатывать программы мониторинга результатов образования обучающихся, разрабатывать и реализовывать программы преодоления трудностей в обучении	ОПК-5.1 Знает принципы организации контроля и оценивания образовательных результатов обучающихся, разработки программ мониторинга; специальные технологии и методы, позволяющие разрабатывать и реализовывать программы преодоления трудностей в обучении ОПК-5.2 Применяет инструментарий и методы диагностики и оценки показателей уровня и динамики развития обучающихся; проводит педагогическую диагностику трудностей в обучении ОПК-5.3 Использует методы контроля и оценки образовательных результатов обучающихся, разрабатывает программы мониторинга образовательных результатов обучающихся, оценки результатов их применения	Б1.О.05 Технологии планирования учебно-тренировочного процесса	2
		Б1.О.06 Управление качеством образования	3
		Б2.О.01(П) Производственная педагогическая практика	4
ОПК-6 Способен проектировать и использовать эффективные психолого-педагогические, в том числе инклюзивные технологии в профессиональной деятельности, необходимые для	ОПК-6.1 Знает психолого-педагогические основы учебной деятельности; принципы проектирования и особенности использования психолого-педагогических (в том числе инклюзивных) технологий в профессиональной деятельности с учетом личностных и	Б1.О.06 Управление качеством образования	3
		Б2.О.01(П) Производственная педагогическая практика	4

индивидуализации обучения, развития воспитания обучающихся с особыми образовательными потребностями.	возрастных особенностей обучающихся, в том числе с особыми образовательными потребностями ОПК-6.2 Использует знания об особенностях развития обучающихся для планирования учебно-воспитательной работы; применяет образовательные технологии для индивидуализации обучения, развития, воспитания обучающихся, в том числе с особыми образовательными потребностями ОПК-6.3 Учитывает особенности развития обучающихся в образовательном процессе; отбирает и использует психолого-педагогические (в том числе инклюзивных) технологии в профессиональной деятельности для индивидуализации обучения, развития, воспитания, в том числе обучающихся с особыми образовательными потребностям; разрабатывает и реализует индивидуальных образовательных маршрутов, индивидуально ориентированных образовательных программ (совместно с другими субъектами образовательных отношений)		
ОПК-7. Способен планировать и организовывать взаимодействия участников образовательных отношений	ОПК-7.1 Демонстрирует знание педагогических основ построения взаимодействия с субъектами образовательного процесса; методов выявления индивидуальных особенностей обучающихся; особенностей построения взаимодействия с различными участниками образовательных отношений с учетом особенностей образовательной среды учреждения ОПК-7.2 Использует особенности образовательной среды учреждения для реализации взаимодействия субъектов; составлять (совместно с другими специалистами) планы взаимодействия участников образовательных отношений; организует взаимодействие участников образовательного процесса в рамках предметной сферы ОПК-7.3 Владеет технологиями взаимодействия и сотрудничества в образовательном процессе; способами решения проблем при взаимодействии с различным контингентом обучающихся; приемами индивидуального подхода к разным участникам образовательных отношений	Б1.О.03 Педагогика и психология в профессиональной деятельности	1,2
		Б1.О.05 Технологии планирования учебно-тренировочного процесса	2
		Б1.О.06 Управление качеством образования	3
		Б2.О.01(П) Производственная педагогическая практика	4

ОПК-8. Способен проектировать педагогическую деятельность на основе специальных научных знаний и результатов исследований	ОПК-8.1 Учитывает в проектировании педагогической деятельности особенности требований к субъектам педагогической деятельности; результаты научных исследований в сфере педагогической деятельности	Б1.О.01 Методология и методы научного исследования в профессиональной деятельности	2
	ОПК-8.2 Использует современные специальные научные знания и результаты исследований для выбора методов в педагогической деятельности	Б2.О.01(П) Производственная педагогическая практика	4
	ОПК-8.3 Осуществляет выбор методов, форм и средств педагогической деятельности в зависимости от контекста профессиональной деятельности с учетом результатов научных исследований	Б2.О.02(П) Производственная практика (научно- исследовательская работа)	4

Код и наименование компетенции	Индикатор достижения компетенции	Дисциплина / модуль / практика	Семестр
ПК-1. Способен организовывать деятельность обучающихся, направленную на освоение дополнительной общеобразовательной программы	ПК-1.1 Демонстрирует знания педагогических процессов различного типа в условиях дополнительного образования	Б1.В.01 Технологии дополнительного образования детей и взрослых в сфере физической культуры	2,3
	ПК-1.2 Отбирает соответствующие методы и приемы педагогического общения в процессе конструирования педагогических процессов в условиях дополнительного образования	Б1.В.02 Образовательные технологии в физической культуре и спорте	1
	ПК-1.3. Владеет профессиональными практическими умениями, необходимыми для конструирования педагогических процессов различного типа в условиях дополнительного образования	Б1.В.03 Теория и организация спортивно-массовой деятельности	3
ПК-2. Способен планировать и проводить учебные занятия в предметной области физической культуры по программам общего, профессионального и дополнительного образования	ПК-2.1 Планирует занятия в предметной области с учетом требований образовательных стандартов	Б1.В.01 Технологии дополнительного образования детей и взрослых в сфере физической культуры	2,3
	ПК-2.2 Использует педагогически обоснованные формы, методы и приемы организации деятельности обучающихся ПК-2.3 Применяет современные образовательные технологии при планировании и организации учебных занятий и досуговых мероприятий в предметной области в сфере дополнительного образования	Б1.В.02 Образовательные технологии в физической культуре и спорте	1
ПК-3. Способен разрабатывать программно-методическое обеспечение реализации дополнительной общеобразовательной	ПК-3.1 Демонстрирует знания требований к разработке и использованию программно- методического обеспечения дополнительных программ в зависимости от уровня образования ПК-3.2 Разрабатывает программно-методическое сопровождение образовательных программ в зависимости от целевой аудитории	Б1.В.01 Технологии дополнительного образования детей и взрослых в сфере физической культуры	2,3
ПК-4. Способен планировать и проводить прикладные научные Исследования в сфере образования	ПК-4.1 Определяет методологические основы исследовательской деятельности в сфере дополнительного образования	Б2.В.01(У) Учебная практика (научно-исследовательская работа)	2,3

	ПК-4.2 Проектирует программы исследований в рамках выбранной проблематики	Б1.О.01 Методология и методы научного исследования в профессиональной деятельности	2
	ПК-4.3 Организует деятельность команды для проведения научного исследования в сфере образования	Б2.В.02(Пд) Производственная преддипломная практика	4
ПК-5. Способен анализировать результаты научных исследований, применять их при решении конкретных научно-исследовательских задач в сфере образования	ПК-5.1 Использует научные источники информации для конструирования содержания образовательной деятельности	Б2.В.01(У) Учебная практика (научно-исследовательская работа)	2,3
	ПК-5.2 Анализирует результаты научных исследований и применяет их в решении научно- исследовательских задач	Б1.О.01 Методология и методы научного исследования в профессиональной деятельности	2
	ПК-5.3 Использует современные методы обработки научной информации	Б1.О.05 Технологии планирования учебно-тренировочных процессов	2

СЦЕНАРИИ ВЫПОЛНЕНИЯ ТЕСТОВЫХ ЗАДАНИЙ

Тип задания	Последовательность действий при выполнении задания
Задание закрытого типа на установление соответствия	1. Внимательно прочитать текст задания и понять, что в качестве ответа ожидаются пары элементов. 2. Внимательно прочитать оба списка: список 1 – вопросы, утверждения, факты, понятия и т. д.; список 2 – утверждения, свойства объектов и т. д. 3. Сопоставить элементы списка 1 с элементами списка 2, сформировать пары элементов. 4. Записать попарно буквы и цифры (в зависимости от задания) вариантов ответов (например, А1 или Б4)
Задания закрытого типа на установление последовательности	1. Внимательно прочитать текст задания и понять, что в качестве ответа ожидается последовательность. 2. Внимательно прочитать предложенные варианты ответа. 3. Построить верную последовательность из предложенных элементов. 4. Записать буквы/цифры (в зависимости от задания) вариантов ответов в нужной последовательности без пробелов и знаков препинания (например, БВА или 213)
Задания комбинированного типа с выбором одного варианта из предложенных и обоснование ответа	1. Внимательно прочитать текст задания и понять, что в качестве ответа ожидается только один ответ из предложенных вариантов. 2. Внимательно прочитать предложенные варианты ответа. 3. Выбрать один правильный ответ. 4. Записать только номер (или букву) выбранного варианта ответа. 5. Записать аргументы, обосновывающие выбор ответа.
Задания комбинированного типа с выбором нескольких вариантов из предложенных и обоснование ответа	1. Внимательно прочитать текст задания и понять, что в качестве ответа ожидается несколько ответов из предложенных вариантов. 2. Внимательно прочитать предложенные варианты ответа. 3. Выбрать несколько правильных ответов. 4. Записать последовательность номеров (или букв) выбранных вариантов ответа. 5. Записать аргументы, обосновывающие выбор ответа.
Задания открытого типа с развернутым ответом	1. Внимательно прочитать текст задания и понять суть вопроса. 2. Продумать логику и полноту ответа. 3. Записать ответ, используя четкие компактные формулировки. 4. В случае расчетной задачи, записать решение и ответ.

СИСТЕМА ОЦЕНИВАНИЯ ВЫПОЛНЕНИЯ ТЕСТОВЫХ ЗАДАНИЙ

Задания закрытого типа оцениваются 1 баллом в случае верного ответа, и 0 баллами в случае неверного ответа.

Задания комбинированного типа оцениваются 1 баллом в случае верного ответа и правильного обоснования, которое соответствует критериям, указанным для открытого типа заданий, и 0 баллами в случае неверного ответа.

Задания открытого типа оцениваются в соответствии с критериями:

1. Правильность ответа (отсутствие фактических ошибок).
2. Полнота ответа (раскрытие объема используемых понятий).
3. Обоснованность ответа (наличие аргументов).
4. Логика изложения ответа (грамотная последовательность излагаемого материала).
5. Сопоставимость с эталонным ответом.

ДОПОЛНИТЕЛЬНЫЕ МАТЕРИАЛЫ И ОБОРУДОВАНИЕ

Код и наименование компетенции	Индикатор достижения компетенции	Дисциплина / модуль / практика	Уровень сложности	Задание	Ключ
УК-1. Способен осуществлять критический анализ проблемных ситуаций на основе системного подхода, вырабатывать стратегию действий	УК.1.1. Анализирует проблемные ситуации, используя системный подход УК-1.2 Использует способы разработки стратегии действий по достижению цели на основе анализа проблемной ситуации	Б1.О.01 Методология и методы научного исследования в профессиональной деятельности	Базовый	Match the methods of scientific research with their implementation methods: A. Analysis — 2. Identifying similarities and differences between studied objects B. Synthesis — 3. Combining individual parts and their properties into a single object to form a general understanding C. Comparison — 4. Decomposing the studied phenomenon and object into constituent parts D. Formalization — 1. Describing the real object using signs and symbols to create abstract mathematical models	4321
			Повышенный	Read the text, select the correct answer, and write down the argument justifying your choice. Which statistical measure allows you to compare mean values and determine the significance of differences between them? 1.Student's t-test; 2.Harvard step-test index; 3.Correlation coefficient; 4.Reliability criterion.	1
			Сложный	Match the statistical methods of scientific research with the tasks they solve: A.Descriptive statistics B. Assessment of variation C.Time series D. Correlation analysis 1. Estimation of the typical level of the indicator in the sample 2. Study of the dynamics of numerical indicator values over time 3. Evaluation of the homogeneity of the population 4. Study of the degree of interrelation between variables	4321

		Б2.О.02(П) Производственная практика (научно-исследовательская работа)	Базовый	Criteria for selecting a research problem 1. Topics that are the subject of active discussions – topic relevance 2. New contribution to existing knowledge – scientific novelty 3. Practical application of the obtained results – practical significance 4. Topics on which numerous studies have been conducted	123
			Повышенный	The object of research in the field of physical education and sports is: 1. the educational process 2. the educational and organizational process 3. the management process 4. the training process 5. the athlete 6. the coach	1234
			Повышенный	Select the correct statement. 1. The object of research determines the topic of scientific research. 2. The subject of research determines the topic of scientific research.	2
			Высокий	List the key aspects (methods) of formulating the research problem	1. Determining the main topic of the research; 2. Studying literary sources; 3. Connection with the goals and objectives of the research
			Повышенный	To determine the dynamics of changes in physical development indicators, it is necessary to conduct 1. a definitive experiment 2. a formative experiment	2
			Повышенный	Stages of organizing a study 1. Preparatory 2. Organizational 3. Experimental 4. Final 5. Verification	1234

			Высокий	List the areas of study of the theoretical aspects of the research on the topic of Development of strength abilities in young men aged 15-17 in physical education classes in a comprehensive school	1. Age-related characteristics of the development of strength abilities in schoolchildren. 2. Means and methods for developing strength abilities in school-age children. 3. Methodological approaches to developing strength abilities in children in physical education lessons.
			Базовый	When developing a methodology for developing flexibility in preschool children, what are the main theoretical aspects to be studied? 1. Historical aspects of physical education classes with preschoolers 2. Factors influencing flexibility development 3. Age characteristics of preschool children 4. Means and methods for developing flexibility in children of this age	234
		Б1.О.01 Методология и методы научного исследования в профессиональной деятельности	Базовый	Read the text, select the correct answer, and provide an argument supporting your choice. Which research method is considered theoretical?	1
				Abstraction Observation Experiment Survey	
			Базовый	Provide an answer to the question. What is the goal of research?	The anticipated final result of the research.

			Высокий	Match the methodological attributes of scientific research with their common characteristics: A.Contradiction — 4. mutual exclusive conditions, requirements, tendencies B.Problem — 1. a question requiring resolution C.Goal — 2. the planned result of the research D.Tasks — 3. a step-by-step sequence of actions with specific intermediate results to achieve the overall goal	4123
			Повышенный	Read the text, select the correct answer, and provide an argument supporting your choice. Which element of the research methodology represents a part of objective reality into which the researcher intends to make changes and track their effectiveness? Object Subject Hypothesis Goal	2
УК-2. Способен управлять проектом на всех этапах его жизненного цикла	УК-2.1 Демонстрирует знание этапов жизненного цикла проекта, методов и механизмов управления проектом на каждом из этапов	Б1.О.05 Технологии планирования учебно-тренировочного процесса	Базовый	Which stage of the project lifecycle follows the initiation phase? a) Planning b) Execution c) Monitoring and control d) Closure	A
			Базовый	Match each project stage with its main task: 1.Initiation 2.Planning 3.Execution a) Coordinating resources and carrying out work в) Developing a detailed project plan c) Defining goals and main requirements	1C,2B,3A.

			Высокий	Arrange the stages of planning the training process in the correct sequence: a) Development of the calendar plan b) Determination of goals and objectives of training c) Distribution of loads across stages d) Selection of training methods and means	BDCA
			Высокий	Describe the project management methods that should be applied at different stages of planning the training process.	During the initiation stage: the SMART method for setting goals; During the planning stage: the work decomposition method (WBS); During the execution stage: the milestone (control point) method; During the monitoring stage: the KPI method for evaluating effectiveness.
			Повышенный	Develop a project management plan for preparing a sports team for competitions, including all stages of the project lifecycle.	The plan should include: a project charter, a work breakdown structure (WBS), a schedule Gantt chart, a responsibility matrix, a risk management plan, and a monitoring and control system.
			Повышенный	Which project management tools are most effective for planning the training process? a) Gantt chart b) Kanban board c) RACI matrix d) Critical path method (CPM) e) PERT analysis	ABDE
		Б2.О.02(П) Производственная практика (научно-исследовательская работа)	Базовый	Before using a measuring device in a study, it is necessary to ensure that it has passed 1. a test 2. a verification 3. the availability of documentation	2

			Повышенный	Fill in the missing step of the research organization in the given example. 1. ... 2. Development of a methodology for developing strength endurance in sambo wrestlers 3. Testing the developed methodology 4. Analysis of results and formulation of conclusions	literature analysis
			Повышенный	To study an athlete's morphological condition, we use: 1. Anthropometric measurements 2. Cooper test 3. Heart rate measurement	1
			Высокий	List the basic conditions that a subject must meet before undergoing a body composition test using the bioimpedance method.	Do not consume food or liquids for 4 hours; empty your bladder for 30 minutes.
			Высокий	Arrange in logical order Processing results Analyzing results Organizing the experiment Conducting the experiment Collecting results	34512
	УК-2.2 Использует методы и механизмы управления проектом для решения профессиональных задач	Б2.О.02(П) Производственная практика (научно-исследовательская работа)	Базовый	The study's organization involves the following stages: 1. Finding target groups 2. Selecting children of the same age 3. Interviewing trainers	1
			Повышенный	o begin an experiment with children, you need to: 1. Obtain permission from parents and guardians 2. Pass the university's ethics committee to obtain permission 3. Conduct an interview 4. Conduct a pilot study	12

			Повышенный	Answer the question: What characterizes scientific research? 1. Novelty, evidence-based, and valid conclusions and assumptions about the surrounding world. 2. Repetition of previous experiments. 3. Unsubstantiated conclusions and assumptions about the surrounding world. 4. Practical activity of all humanity, subordinated to the goals of social development.	1
			Высокий	Project management for solving professional problems allows you to: 1. Optimize resource and budget use, improve communication and collaboration, and focus on goals. 2. Accelerate processes and rethink tasks. 3. Understand the breadth of research during the development phase.	1
		Б1.О.05 Технологии планирования учебно-тренировочного процесса	Базовый	Which project management method involves flexible response to changes? a) Waterfall b) Agile c) Critical Path Method (CPM) d) PERT	B
			Базовый	1. Gantt Chart 2. Kanban Board 3. RACI Matrix a) Distribution of roles and responsibilities в) Visualization of workflow and work constraints c) Graphical representation of the project schedule	1C,2B,3A
			Высокий	Arrange the stages of implementing a project management system in a sports organization: a) Training staff b) Selecting methodology and tools c) Developing regulations and procedures d) Monitoring and optimizing the system	BCAD

			Высокий	Develop a risk management system for a sports event organization project.	The system should include: risk identification (e.g., weather conditions, injuries, low attendance), assessment of probability and impact, response planning, contingency scenarios, and risk monitoring.
			Повышенный	Design a management system for multi-project activities in a sports school using modern management methodologies.	The system should include: portfolio management, project prioritization, resource allocation, process standardization, a unified reporting system, and the use of PMIS (Project Management Information System).
			Повышенный	Which management mechanisms ensure the successful implementation of projects in the field of physical culture? a) Regular progress monitoring b) Flexible planning c) Clear distribution of responsibilities d) Change management system e) Quarterly review of all plans	ABCD
УК-3. Способен организовывать и руководить работой команды, вырабатывая командную стратегию для достижения поставленной цели	УК-3.1 Демонстрирует знание методов формирования команды и управления командной работой	Б1.О.03 Педагогика и психология в профессиональной деятельности	Базовый	The main stages of team development according to Tuckman are.	Formation, Confrontation, Norming, Performing, Dissolution.
			Базовый	Provide the definition of the concept "role in a team" according to Belbin.	It is a characteristic behavior pattern that determines an individual's contribution to the team's overall work and their interaction with other members.

			Высокий	Arrange the stages of conducting a brainstorming session as a method of collective decision-making in the correct order: a) Generation of ideas b) Formulation of the problem c) Selection and evaluation of ideas d) Summarizing the results	BACD
			Высокий	Develop a plan of activities for team formation for a project operating in a multicultural environment. What methods and tools will you use and why?	To form an effective multicultural team, I would implement team-building activities emphasizing cultural awareness, such as intercultural workshops and icebreaker exercises. I would use tools like personality and cultural preference assessments (e.g., Hofstede's dimensions, Belbin roles) to understand team members' backgrounds and working styles. These methods foster mutual respect, improve communication, and enhance collaboration in a diverse environment.
			Повышенный	Which of the listed factors are key to maintaining psychological safety in a team on a continuous basis? (Select one or more options) a) Absence of criticism of any statements b) Culture of trust and mutual respect c) Clearly defined and unchanging roles d) Right to make mistakes and open discussion of failures e) A leader who makes all decisions unilaterally	BD

		Б2.О.01(П) Производственная педагогическая практика	Базовый	Provide an answer to the question. What is the name of the management style when the leader makes decisions unilaterally and has full control over the process, and employees follow instructions without participating in discussions?	Authoritarian
	УК-3.2 Разрабатывает и реализует командную стратегию в групповой деятельности для достижения поставленной цели	Б1.О.03 Педагогика и психология в профессиональной деятельности	Базовый	Arrange in the correct sequence the basic stages of developing a team strategy: a) Implementation and monitoring b) Analysis of the current situation and resources c) Setting SMART goals d) Planning actions and role distribution	B C D A
			Высокий	What is the main purpose of the "Goals Tree" when implementing a team strategy? a) To determine the project budget b) To structure the overall goal into interconnected sub-goals and tasks c) To select team members d) To conduct a risk analysis	BCDA
			Повышенный	Match each project management tool with the strategy implementation stage where it is most effective: Gantt Chart RACI Matrix Daily Stand-ups KPI Report A. Monitoring the execution of tactical tasks B. Visualizing the schedule and deadlines C. Final assessment of goal achievement D. Clear distribution of responsibilities	1 —B. 2 —D. 3—A 4 —C

			Повышенный	Describe the sequence of actions a team should take in case of a serious risk threatening the project deadlines. Algorithm: Selection and approval of a mitigation plan. Joint assessment of the scale and impact of the risk. Quick analysis of possible solutions (accelerating work, reallocating resources, changing priorities). Immediate informing of the leader and the team. Implementation of the plan and increased monitoring.	42315
			Высокий	Which of the listed measures should be included in a team motivation strategy for working under stress and tight deadlines? a) Concealing part of the information to reduce panic b) Clearly breaking down the overall goal into short, achievable milestones c) Introducing a system of quick rewards for achieving intermediate results d) Granting the team full autonomy without leader intervention e) Open communication about the project status and emerging issues	BCE
УК-4. Способен применять современные коммуникативные технологии, в том числе на иностранном(ых) языке(ах), для академического и профессионального взаимодействия	УК-4.1 Редактирует, составляет и переводит различные академические тексты в том числе на иностранном(ых) языке(ах)	Б1.В.02 Образовательные технологии в физической культуре и спорте	Базовый	Read the text, select the correct options, and provide an argument supporting your choice. Which types of electronic resources are suitable for helping learners interpret educational information and assess the quality of the results? Text pages Book with navigation Essay assignments Interactive exercises	3,4

		Б1.О.02 Английский язык в сфере профессиональной коммуникации	Высокий	Sequence the phases of preparing for an international video conference: Check technology Research participants Prepare agenda Test connection	2314
			Базовый	Describe a situation where non-verbal communication played a key role in your professional interaction	Describe a situation where non-verbal communication played a key role in your professional interaction.
	Б2.О.02(П) Производственная практика (научно-исследовательская работа)		Базовый	We search for literary sources by: 1. Names of institutions 2. Keyword search terms, author names, and scientific fields 3. Titles of books and textbooks	2
			Повышенный	When searching for literary sources, we focus primarily on: 1. Books and textbooks 2. Conference abstracts 3. Modern search engines with databases	3
			Повышенный	When searching for literary sources in a foreign language, we will use: 1. Only domestic sources 2. Only foreign sources 3. Foreign and international	3
			Высокий	At the first stage, when selecting and analyzing literary sources, we focus on: 1. Review articles 2. Conference articles 3. Research reports	1
	УК-4.2 Представляет результаты академической и профессиональной деятельности на публичных мероприятиях, включая международные, в том числе на иностранном(ых) языке(ах)	Б1.О.02 Английский язык в сфере профессиональной коммуникации	Высокий	Match the communication skill with its advantage:** 1- Confidence – a) Encourages questions, 2 - Clarity – b) Builds credibility, 3 - Engagement – c) Keeps attention	BAC

			Повышенный	Match the type of audience with the appropriate approach: 1. Technical experts – a) Use simple language, 2. General public – b) Use technical terminology, 3. Multicultural group – c) Be culturally sensitive .	BAC
		Б2.О.02(П) Производственная практика (научно-исследовательская работа)	Базовый	Preparing materials for a scientific conference involves: 1. Preparing abstracts only 2. Preparing a report or presentation 3. Online participation	2
			Повышенный	To present a poster session, you need to: 1. Prepare a computer presentation 2. Prepare a poster with visual examples 3. Learn to read a presentation	2
			Повышенный	When presenting, what key points should be covered: 1. The purpose, objectives, and hypotheses of the study 2. Comparative analysis of previous studies 3. Statistical methods of processing	1
			Высокий	Citations of authors in scientific journals are carried out according to the following rules: 1. Numbering is alphabetical. 2. Each journal has its own rules. 3. A bibliography may be presented without numbering.	2
			Высокий	Scientific metadata is structured information about a publication that is contained: 1. In databases, libraries, and indexing systems. It includes information about the article, author, and journal, as well as publication details. 2. Collected information about the research results. 3. A collection of all major results, including those that have not been analyzed previously.	1

УК-5. Способен анализировать и учитывать разнообразие культур в процессе межкультурного взаимодействия	УК-5.1 Анализирует аксиологические системы; обосновывает актуальность их учета в социальном и профессиональном взаимодействии	Б2.О.02(П) Производственная профессионально-ориентированная практика	Повышенный	Read the text, choose the correct answer option, and write down the argument supporting your choice. The axiological approach is based on a system of social and pedagogical values, with the core being —	1
				the value of human life and activity; the development of personality through its needs and motives; the priority of the ability to apply knowledge in practice; understanding the individual as a subject of their own educational activity.	
	Б1.О.02 Английский язык в сфере профессиональной коммуникации	Базовый	How can recognizing axiological differences improve professional negotiations?	Recognizing axiological differences allows negotiators to tailor their approach, show respect for the other party’s values, and find common ground more effectively.	
			Повышенный	Match the following value dimensions with their descriptions:	A B
		Power distance Uncertainty avoidance a) The extent to which less powerful members accept unequal power distribution. b) The degree to which people feel uncomfortable with ambiguity and uncertainty.			
	УК-5.2 Выстраивает профессиональное взаимодействие с учетом культурных особенностей представителей разных этносов, конфессий и социальных групп	Б1.О.02 Английский язык в сфере профессиональной коммуникации	Базовый	What does the term 'cultural competence' mean in professional communication?	The ability to communicate effectively and appropriately with people of other cultures.
УК-6. Способен определять и реализовывать приоритеты собственной деятельности и способы	УК-6.1 Оценивает свои личностные, ситуативные, временные ресурсы, оптимально их использует для	Б2.О.02(П) Производственная практика (научно-исследовательская работа)	Базовый	The organization and conduct of the experiment are: 1. Spontaneous in nature 2. Strictly regulated in nature 3. Conducted whenever possible	2

ее совершенствования на основе самооценки	успешного выполнения профессиональных задач		Повышенный	When conducting and organizing professional tasks, he/she is guided by: 1. A personal plan and action program 2. Relies on intuition 3. Acts in a team spirit	1
			Повышенный	Multi-stage studies are conducted: 1.Taking into account time, age, training, and medical-biological cycles 2.Working strictly according to a standard plan without individual differences 3. By order of senior management	1
			Высокий	What are the learning outcomes associated with this competency: 1. Knowledge, skill, proficiency 2.Cognition,improvement, compensation 3. Promotion, skill, awareness	1
	Б1.О.03 Педагогика и психология в профессиональной деятельности		Базовый	Which of the following methods is a tool for assessing time resources? a) Eisenhower Matrix b) Delphi Method c) Brainstorming d) Focus Group	A
			Базовый	Match the type of resource with its example: 1. Personal resource 2. Situational resource 3. Temporal resource A. Support from colleagues in a crisis situation B. Time management skill C. Two hours of free time for an urgent task	1-B,2-A,3-C
			Высокий	Arrange the stages of optimal resource use for task completion in the correct sequence: a) Plan implementation and monitoring b) Analysis and assessment of available resources c) Identifying resource deficits and finding solutions d) Setting the task goal	D B C A

			Высокий	Describe how you would assess your personal resources (e.g., before launching a new project). What methods and criteria would you use?	I would conduct a self-analysis based on criteria: 1) Professional competencies (are they suitable for the task?). 2) Personal qualities (stress resistance, communicativeness). 3) Motivation level. Methods: SWOT analysis, creating a competency map, reflection on past experience.
			Повышенный	Imagine you need to complete three urgent and important tasks simultaneously, and resources (time, colleagues' help) are insufficient. Develop an action strategy for assessing and optimally reallocating resources to resolve this situation.	Strategy: 1) Conduct an urgent audit of all tasks (reformulate, see if anything can be postponed/simplified). 2) Assess and mobilize all possible resources (perhaps ask for help, redistribute some minor tasks). 3) Prioritize using the Eisenhower Matrix and urgency. 4) Create a highly focused plan with clear time blocks, minimizing distractions.
			Повышенный	Which of the following actions relate to strategies for optimal use of situational resources? a) Delegation of authority b) Using the Pomodoro technique for time management c) Seeking expert advice from a more experienced colleague d) Creating a detailed 5-year development plan e) Leveraging a favorable team environment to resolve a complex issue.	ACE

	УК-6.2 Определяет способы совершенствования собственной деятельности и ее приоритеты на основе самооценки	Б1.О.03 Педагогика и психология в профессиональной деятельности	Базовый	What is the main purpose of self-assessment in the context of professional activity? a) Comparing one's results with colleagues' results b) Identifying strengths and weaknesses for development planning c) Getting a salary increase d) Avoiding difficult tasks	B
			Базовый	Arrange the stages of determining activity priorities based on self-assessment: a) Planning specific steps for improvement b) Conducting self-assessment and analyzing results c) Identifying areas for improvement d) Ranking improvement areas by importance and urgency	BCDA
			Высокий	Match the self-assessment method with its main characteristic: 1. SWOT analysis 2. Keeping a reflection diary 3. "Wheel of Life" method A. Structured assessment of strengths, weaknesses, opportunities, and threats. B. Regular recording and analysis of successes, failures, and lessons learned. C. Visual assessment of the degree of satisfaction in various areas of life/activity.	1-A 2-B 3-C
			Высокий	Based on self-assessment results, you identified a weak proficiency in public speaking skills, which is critical for your professional activity. Describe how you would determine priorities and ways to improve in this area.	Plan: 1) Acknowledge the problem as high priority. 2) Set a SMART goal (e.g., confidently deliver a presentation to the team in 2 months). 3) Determine methods: enroll in public speaking courses, practice daily in front of a mirror, speak up at internal meetings, find a mentor. 4) Incorporate these actions into the weekly plan.

			Повышенный	Based on regular self-assessment, you noticed a persistent trend towards "burnout" when dealing with a large volume of routine tasks. Develop a comprehensive strategy for improving activities and setting priorities to prevent burnout and increase overall efficiency.	Strategy: 1) Prioritization: delegate or automate routine tasks as much as possible. 2) Incorporate mandatory blocks for rest and recharge into the plan. 3) Setting not only work but also personal goals (hobbies, sports). 4) Alternating types of activities (e.g., after routine – a creative task). 5) Attending a stress management training.
			Повышенный	Which of the following actions are effective ways to improve activities based on self-assessment? a) Daily creation of a to-do list without subsequent analysis b) Regular (quarterly) review of one's professional goals and development plans c) Systematic collection of feedback from colleagues and supervisors d) Keeping a reflective journal to analyze mistakes and successes e) Refusing to perform tasks that cause minor difficulties	B C D
		Б2.О.02(П) Производственная практика (научно-исследовательская работа)	Базовый	When completing my work, I rely on: 1. My own assessment 2. The opinions of friends 3. The opinions and assessments of experts	3
			Повышенный	When receiving critical feedback on my work, I rely on: 1. I defend my own opinion to the end. 2. I strictly follow the comments of experts. 3. I try to approach the comments critically and provide logical responses.	3

			Повышенный	If my work is rejected for publication by a journal's official reviewers, I take the following steps: 1. I find a new journal to submit to. 2. I correct the recommendations and resubmit. 3. I try to understand the errors and try to repeat the study to confirm the results. 4. I move on to a new topic and leave this material behind.	123
			Высокий	What self-development methods are most effective in scientific research? 1. There is no definitive answer to this question, as development is an individual process. 2. Education and training 3. Developing social skills and networks.	1
	УК-6.3 Владеет индивидуально значимыми способами самоорганизации и саморазвития, выстраивает гибкую профессионально-образовательную траекторию	Б2.О.02(П) Производственная практика (научно-исследовательская работа)	Базовый	Before you begin organizing your research, you need to: 1. Create a non-binding action plan 2. Copy previous research 3. Gather information and familiarize yourself with the research topic 4. Start taking action, and see what happens	3
			Повышенный	The conceptual approach to self-organization and self-development in scientific research implies the following: 1. The development of an object is determined solely by external processes. 2. The development of an object is determined solely by internal processes; the external environment serves only as a condition for the need for change. 3. General development occurs under various conditions.	2

			Высокий	Forming a model for managing the development of an object implies the following: 1. The researcher conducts a system diagnostic, identifying the "control levers" that allow the human behavior vector to be shifted from one state to the desired one. 2. The researcher takes the "control levers" and shifts the behavior vector from one state to the desired one. 3. The research team manages the work, regardless of the state and direction.	1
		Б1.О.03 Педагогика и психология в профессиональной деятельности	Базовый	What is meant by "individually significant methods of self-organization"? a) Strict adherence to general time management rules without changes b) Methods of planning and organizing activities, selected considering personal characteristics and effective for a particular person c) Complete absence of any action plan d) A rigid schedule set by the supervisor	B
			Базовый	Match the concept with its definition: 1. Self-organization 2. Self-development 3. Professional-educational trajectory A. A purposeful process of personal and professional growth. B. An individual, dynamic route for obtaining education and professional development. C. The ability to independently plan and structure one's activities.	1-C 2-A 3-B
			Высокий	Arrange the stages of building a professional-educational trajectory in logical sequence: a) Plan implementation and regular adjustment b) Analysis of the current situation and self-assessment c) Setting a long-term professional goal d) Selecting educational and professional steps to achieve the goal	BCDA

			Высокий	Describe your personal set of individually significant self-organization methods (at least three) that you use for effectively completing academic or work tasks. Explain why these methods are effective for you.	Example set: 1) Pomodoro Technique (helps maintain concentration). 2) Planning the next day each evening using the "3 most important tasks" principle (focuses on the main thing). 3) "Eat the frog first" principle (allows doing the most unpleasant task first and reducing stress). These methods are effective because they account for a personal tendency towards procrastination and the need for a clear structure.
			Повышенный	Imagine that during the implementation of your professional-educational trajectory, new requirements and technologies have emerged in the labor market, making part of your plan irrelevant. Describe your actions for flexibly adjusting the trajectory considering self-assessment and self-development methods.	Actions: 1) Conduct an urgent audit of your competencies (self-assessment) for compliance with new requirements. 2) Study new technologies and determine which are critical. 3) Adjust the trajectory goal (if necessary). 4) Introduce new educational modules (online courses, workshops) into the development plan, possibly reducing or replacing less relevant ones. 5) Find a mentor or join a professional community in the new area.

			Повышенный	Which of the following statements characterize a flexible professional-educational trajectory? a) The trajectory strictly follows the initially set plan without deviations b) The trajectory is regularly revised considering changing external conditions and self-assessment results c) The trajectory includes decision points for a possible change of direction d) The trajectory includes only formal education (university, courses) e) The trajectory considers personal interests, values, and strengths of the individual	BCE
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Код и наименование компетенции	Индикатор достижения компетенции	Дисциплина / модуль / практика	Уровень сложности	Задание	Ключ
ОПК-1. Способен осуществлять и оптимизировать профессиональную деятельность в соответствии с нормативно правовыми актами в сфере образования и нормами профессиональной этики	ОПК-1.1 Демонстрирует знания приоритетных направлений развития системы образования Российской Федерации, законов и иных нормативных правовых актов, регламентирующие деятельность в сфере образования в Российской Федерации	Б1.О.04 Государственная политика в системе образования	Высокий	Arrange the steps of higher education reform in the correct sequence: A) Assessment of labor market needs B) Legislative amendments C) Implementation of educational programs D) Monitoring results and making adjustments	B-A-C-D
			Базовый	Match the levels of education with their characteristics: A) Preschool education → 1) First years of school B) Primary education → 2) Development of young children C) Secondary education → 3) In-depth study of subjects, preparation for professional activities	A-2 B-1 C-3
			Повышенный	Match the directions of state education policy with their main objectives: A) Increasing access to education → 1) Development of digital infrastructure in schools B) Improving education quality → 2) Reducing social and economic barriers to education C) Innovations in education → 3) Implementation of modern educational technologies	A-2 B-1 C-3
	ОПК-1.2 Применяет основные нормативно-правовые акты в сфере образования и профессиональной деятельности с учетом норм профессиональной этики, выявляет актуальные проблемы в сфере образования с целью выполнения научного исследования	Б1.О.04 Государственная политика в системе образования	Повышенный	Match international initiatives with their impact on national education policy: A) PISA → 1) Standardization of educational outcomes B) UNESCO Education 2030 → 2) Promoting inclusiveness and equality in education C) OECD Guidelines → 3) Development of policies for digitalizing the educational process	A-1 B-2 C-3

			Базовый	Analyze the impact of international accreditation standards on national education policy. Provide examples.	International standards often encourage higher quality and comparability of education, leading to reforms aligned with global best practices. For example, adherence to UNESCO guidelines may promote inclusive policies and quality assurance systems.
			Повышенный	Match the following legal acts with their main purpose: a) The Law on Education – 1) Regulates the accreditation of educational institutions b) The Law on Professional Ethics – 2) Sets standards for teachers' conduct c) The Law on Digital Education – 3) Promotes digital literacy in schools	A-1 B-2 C-3
			Высокий	Match the following problems with their potential solutions: a) Lack of teacher training / 1) Develop continuous professional development programs b) Inequitable access / 2) Increase funding for rural schools c) Outdated curriculum / 3) Regular curriculum reviews based on current needs	A-1 B-2 C-3
			Базовый	The primary goal of the national education policy is to prepare students only for the labor market.	False

			Высокий	Which of the following are essential components in evaluating the effectiveness of education policies? (Select all that apply) A) Student performance data B) Stakeholder feedback C) Political climate analysis D) Budget analysis	AB D
			Базовый	How can ethical principles be integrated into education policy development?	By ensuring transparency, stakeholder participation, fairness, and adherence to human rights standards in policymaking processes.
			Повышенный	Arrange the following steps in the process of policy formulation in education: a) Policy evaluation - 1) Conducting needs analysis b) Policy development – 2) Implementation of measures c) Policy adoption - 3) Drafting policy documents d) Policy monitoring - 4) Assessment of outcomes	A-4 C-3 B-1 D-2
	ОПК-1.3 Выполняет действия по соблюдению правовых, нравственных и этических норм, требований профессиональной этики в условиях реальных педагогических ситуаций; действия по осуществлению профессиональной деятельности в соответствии с требованиями федеральных государственных	Б1.О.04 Государственная политика в системе образования	Базовый	Match the pedagogical action with the corresponding standard requirement: a) Respect for student dignity – 1) Uphold confidentiality and nondiscrimination b) Use of inclusive teaching methods - 2) Ensure equal access and opportunities c) Maintaining professional boundaries 3) Follow ethical guidelines for interaction	A-1 B-2 C-3

	образовательных стандартов всех уровней образования		Базовый	Match the ethical principle with its description: a) Confidentiality / 1) Protecting personal information of students and colleagues b) Fairness / 2) Providing equal opportunities regardless of background c) Responsibility / 3) Being accountable for one's actions	A-1 B-2 C-3
			Базовый	Which document primarily defines the ethical principles for teachers in your country? A) The Professional Ethics Code of Educators B) The Federal Education Law C) The Civil Code D) The Labor Protection Act	A
			Высокий	Analyze how adherence to federal standards influences teachers' ethical behavior in classroom management.	Strict adherence ensures fairness, non-discrimination, and respect for students' rights, fostering a professional environment aligned with legal and ethical norms.
			Повышенный	Arrange the following steps in professional ethical decision-making: a) Identify relevant standards / 1) Analyze the situation and possible actions b) Evaluate potential consequences / 2) Consult guidance and standards c) Make a decision / 3) Implement the chosen action d) Reflect on the outcome / 4) Review and assess	A-2 C-3 B-1 D-4

			Высокий	Which of the following are considered key principles of educational ethics? (Select all that apply) A) Equity and fairness B) Academic freedom C) Profit maximization D) Confidentiality	ABD
ОПК-2. Способен проектировать основные и дополнительные образовательные программы и разрабатывать научно-методическое обеспечение их реализации	ОПК-2.1 Знает содержание основных нормативных документов, необходимых для проектирования образовательных программ; сущность и методы педагогической диагностики особенностей обучающихся; сущность педагогического проектирования; структуру образовательной программы и требования к ней; виды и функции научно-методического обеспечения современного образовательного процесса	Б1.О.05 Технологии планирования учебно-тренировочного процесса	Базовый	Which document defines the main requirements for educational programs? a) Federal State Educational Standard b) Charter of the educational organization c) Labor Code d) SanPiN (Sanitary and Epidemiological Rules and Norms)	A
			Базовый	1.Pedagogical diagnostics 2.Pedagogical design 3.Scientific-methodological support a) The process of creating pedagogical systems and processes b) A system of conditions for the effective implementation of the educational process c) Study of individual characteristics of students	1C,2A,3B
			Высокий	Arrange the stages of designing an educational program: a) Developing the curriculum b) Identifying target audience and needs c) Formulating goals and objectives d) Selecting content and teaching methods	BCDA
			Высокий	Describe the methods of pedagogical diagnostics that should be used when designing an educational program in the field of physical culture.	Methods include: surveys, testing physical fitness levels, observation, interviews, analysis of activity products, which allow for identifying the level of preparation, motivation, and physical capabilities of learners.

			Повышенный	Develop a fragment of an educational program in physical culture, including target, content, and organizational sections.	The fragment should include: program goals and objectives, expected outcomes, the curriculum plan, content of sections, implementation conditions, and the system for evaluating results.
			Повышенный	Which regulatory documents are required when designing an educational program? a) Federal State Educational Standards (FSES) b) Professional standard c) Sample educational program d) Curriculum (work plan) e) Only internal organizational documents	ABC
	ОПК-2.2 Умеет учитывать различные контексты, в которых протекают процессы обучения, воспитания и социализации при проектировании образовательных программ; использовать методы педагогической диагностики; осуществлять проектную деятельность по разработке образовательных программ; проектировать отдельные структурные компоненты образовательных программ	Б1.О.05 Технологии планирования учебно-тренировочного процесса	Базовый	What does considering contexts in the design of an educational program mean? a) Considering only age-related features b) Considering social, cultural, and regional characteristics c) Considering only the material base d) Considering only the requirements of the Federal State Educational Standard (FSES)	B

			Базовый	Match the context with the factor taken into account: 1.Social context 2.Cultural context 3.Regional context a) Consideration of local traditions and values b) Consideration of social environment features c) Consideration of climatic and geographical conditions	1B,2A,3C
			Высокий	Arrange the stages of project activity for developing an educational program: a) Implementation and piloting of the program b) Needs and context analysis c) Development of the program content d) Evaluation of effectiveness and adjustments	BCAD
			Высокий	Develop a project activity plan for creating an additional educational program considering the specifics of rural areas.	The plan should include: resource analysis of the rural school, studying the needs of the local community, developing the program taking into account available material resources, involving local specialists, and organizing off-site activities.
			Повышенный	Develop a project for adapting an educational program in physical culture for children with special health needs.	The project should include: analysis of specific educational needs, adaptation of goals and content, special teaching methods, creation of an accessible environment, staff training, and a support system.

			Повышенный	Which methods are most effective for considering various contexts when designing educational programs? a) Sociological research b) Analysis of the educational environment c) Study of regional features d) Only expert assessments e) Observation and participatory research	ABCD
	ОПК-2.3 Владеет опытом выявления различных контекстов, в которых протекают процессы обучения, воспитания и социализации; опытом использования методов диагностики особенностей учащихся в практике; способами проектной деятельности в образовании; опытом участия в проектировании образовательных программ	Б1.О.05 Технологии планирования учебно-тренировочного процесса	Базовый	What is the main goal of pedagogical diagnostics? a) Assigning grades b) Identifying individual characteristics for personalized learning c) Knowledge assessment d) Selecting the best students	B
			Базовый	Match the diagnostic method with its purpose: 1.Observation 2.Testing 3.Survey a) Identifying the level of knowledge and skills b) Studying behavior in natural conditions c) Gathering information about needs and interests	1B,2A,3C
			Высокий	Arrange the stages of using diagnostic results in the design of an educational program: a) Adjusting the program based on the data b) Conducting diagnostic procedures c) Analyzing and interpreting the results d) Formulating conclusions and recommendations	BCDA

			Высокий	Describe the experience of using project activities in developing an educational program in the field of physical culture.	The experience includes: forming a project team, role assignment, utilizing project management methods, developing the program in stages, organizing discussions and reviews, and making adjustments based on pilot testing results.
			Повышенный	Develop a pedagogical diagnostics program for designing individual educational trajectories in a sports school.	The program should include: diagnostics of physical abilities, motivational sphere, cognitive processes, social adaptation; a system of regular monitoring; and mechanisms for using the results to adjust programs.
			Повышенный	Which competencies are necessary for successful participation in the design of educational programs? a) Analytical skills b) Knowledge of regulatory frameworks c) Proficiency in project activity methods d) Experience in pedagogical diagnostics e) Only subject-specific knowledge	ABCD
ОПК-3 Способен проектировать организацию совместной и индивидуальной учебной и воспитательной деятельности обучающихся, в том	ОПК-3.1 Знает основы применения образовательных технологий (в том числе в условиях инклюзивного образовательного процесса), необходимых для адресной работы с различными категориями обучающихся, в	Б1.О.03 Педагогика и психология в профессиональной деятельности	Базовый	Which of the following technologies relates to learning individualization technologies? a) Frontal lecture b) Public knowledge review c) Learning according to individual educational pathways d) Uniform test for the entire class	C

числе с особыми образовательными потребностями	том числе с особыми образовательными потребностями; основные приемы и типологию технологий индивидуализации обучения		Базовый	Match the type of educational technology with its main characteristic: 1. Differentiated learning technology 2. Problem-based learning technology 3. Game-based technology A. Creating problem situations in learning activities and organizing active independent student work to resolve them. B. Organizing the educational process considering groups of students with similar characteristics. C. Activity aimed at recreating and assimilating social experience under conditions of conventionality.	1-B 2-A 3-C
			Высокий	Arrange the stages of designing an individual educational pathway for a student with disabilities in the correct sequence: a) Development of content and methods of work b) Diagnosis of individual characteristics and educational needs c) Implementation and monitoring of effectiveness d) Setting goals and objectives	BDAC
			Высокий	Describe how the application of project-based learning technology would differ in an inclusive classroom when working with students with disabilities (provide at least 2 differences).	Differences: 1) Individualization of tasks within the common project, considering the student's specific condition and capabilities. 2) Mandatory inclusion of a tutor in the group or provision of enhanced assistance from the teacher. 3) Use of special equipment or software for presenting results.

			Повышенный	Develop a fragment of a lesson plan for an inclusive classroom, presenting tasks for the main group of students and for a student with MDD (Mental Development Delay). Specify the technologies used and justify their choice.	Plan fragment: For the main group – a problem-based task for text analysis. For the student with MDD – the same task, but with a structured outline, a step-by-step algorithm, and a reduced volume. Technologies: differentiation (different complexity levels), use of scaffolds (assistance in structuring). Justification: accounting for pace of work and perception characteristics associated with MDD.
			Повышенный	Which of the following principles are key for organizing an inclusive educational process? a) The principle of uniform requirements for all students b) The principle of variability and individual approach c) The principle of cooperation and joint activity d) The principle of creating an adaptive educational environment e) The principle of segregating students by ability level	BCD
		Б1.О.06 Управление качеством образования	Базовый	Give the definition of the term “ <i>quality of education</i> ” in the context of the modern educational system.	The quality of education is the degree to which educational outcomes meet established requirements, standards, and societal expectations, as well as its ability to ensure personal development and social adaptation.

			Повышенный	Match each concept with its corresponding description: A)Internal quality assessment system B)External quality assessment system C)Accreditation 1. Conducted by educational authorities and external experts. 2. Conducted by the educational institution itself. 3. Confirms compliance of educational programs with state standards	A-2 B -1 C -3
			Высокий	Arrange the stages of implementing a quality management system in an educational organization in the correct order: 1.Monitoring and analysis of results 2.Development of policies and goals in the field of quality 3.Implementation of procedures and standards 4.Staff training 5.Audit planning	1.Development of policies and goals in the field of quality 2.Audit planning 3.Staff training 4.Implementation of procedures and standards 5.Monitoring and analysis of results
	ОПК-3.2 Взаимодействует с другими специалистами в процессе реализации образовательного процесса; соотносит виды адресной помощи с индивидуальными образовательными потребностями обучающихся на соответствующем уровне образования	Б1.О.03 Педагогика и психология в профессиональной деятельности	Базовый	Which of the following specialists does a teacher interact with to develop an adapted educational program for a child with ASD (Autism Spectrum Disorder)? a) Physical education teacher b) Educational psychologist and speech therapist/defectologist c) Librarian d) Facilities manager	B
			Базовый	Arrange the stages of "teacher-specialist" interaction when providing targeted assistance to a student: a) Joint analysis of the assistance effectiveness b) Identification of educational need (teacher) c) Conducting correctional-developmental sessions (specialist) d) Consultation and request to the specialist (teacher)	BDCA

			Высокий	Match the individual educational need with the type of targeted assistance that a specialist can provide: - Difficulties in mastering writing - Communication impairments, difficulties in establishing contact with peers - High anxiety levels, low self-esteem A. Assistance from an educational psychologist: conducting trainings, play therapy. B. Assistance from a speech therapist/defectologist: developing fine motor skills, working on dysgraphia correction. C. Assistance from a tutor: organizing interaction in a small group, social stories.	1-B, 2-C, 3-A
			Высокий	Describe the algorithm for your actions in providing targeted assistance in class to a student suspected of having signs of dysgraphia.	Algorithm: - Provide assignments in printed form, not for copying from the board. - Allow the use of a draft and not penalize handwriting/presentation - Increase time allotted for written work. - Use exercises to develop fine motor skills and visual-motor coordination. - Refer the child to a speech therapist for consultation via the school council.

			Повышенный	Develop a model of interaction with other specialists (choose 2-3) for the case of educating a child with severe multiple developmental disorders (SMDD) in an inclusive classroom. Describe the role of each participant.	Model: 1) Teacher-Defectologist: adaptation of content, development of SIPI (Special Individual Development Program). 2) Educational Psychologist: working with emotional state and behavior. 3) Tutor: direct support in the classroom, assistance with communication. 4) Teacher: coordination, implementation of the adapted program in the classroom.
			Повышенный	Which of the following teacher actions are effective when correlating the type of assistance with an individual need? a) Uniform application of the same teaching methods to all students b) Systematic observation of the student in different educational situations c) Ignoring recommendations from other specialists d) Using diagnostic data provided by the educational psychologist and defectologist e) Regular discussion of the student's development progress at the school psychological-pedagogical council	BDE
	ОПК-3.3 Владеет методами (первичного) выявления обучающихся с особыми образовательными потребностями; действиями оказания адресной помощи обучающимся на соответствующем уровне образования	Б1.О.03 Педагогика и психология в профессиональной деятельности	Базовый	Which of the following is a method for the primary identification of students with special educational needs? a) Conducting the State Final Certification b) Observation and analysis of academic work c) Studying the medical record without parental consent d) Conducting complex neuropsychological testing without parental consent	B

			Базовый	Match the sign with the possible special educational need: 1. Persistent difficulties in mastering the curriculum in several subjects, despite assistance 2. Avoidance of eye contact, stereotypical movements, unusual reactions to sensory stimuli 3. Rapid fatigue, difficulties with concentration, motor restlessness A. Possible signs of ASD (Autism Spectrum Disorder) B. Possible signs of ADHD (Attention Deficit Hyperactivity Disorder) C. Possible signs of MDD (Mental Development Delay) or specific learning disabilities (dyslexia, dyscalculia)	1-C 2-A 3-B
			Высокий	Arrange the teacher's actions during the primary identification of a student with special educational needs in logical sequence: a) Referring information and a request to the school psychological-pedagogical council b) Conducting a conversation with parents (legal guardians) about the observations c) Recording observations and collecting samples of the student's work d) Identifying persistent difficulties in the learning and educational process.	DCBA

			Высокий	Describe your algorithm of actions for providing targeted assistance in class to a student suspected of having signs of dysgraphia.	Algorithm: 1) Provide assignments in printed form, not for copying from the board. 2) Allow the use of a draft and not penalize handwriting/presentation 3) Increase time allotted for written work. 4) Use exercises to develop fine motor skills and visual-motor coordination. 5) Refer the child to a speech therapist for consultation via the school council.
			Повышенный	Develop a guide for teachers on the primary identification of students in the classroom who may need special educational conditions. Include at least 4 key areas of observation and examples of signs.	Guide: 1) Cognitive Sphere: persistent errors in reading/writing/arithmetic, slow work pace, memory problems. 2) Emotional-Volitional Sphere: anxiety, aggression, low self-esteem, frequent crying. 3) Communicative Sphere: lack of friends, conflictuality, misunderstanding of social situations. 4) Behavioral Sphere: hyperactivity, impulsivity, refusal to engage in activities. 5) Physical Development: coordination disorders, rapid fatigue.

			Повышенный	Which of the following actions constitute targeted assistance for students with concentration difficulties (ADHD)? a) Seat the child at the front desk, closer to the teacher b) Give one complex task for the entire lesson without breaks c) Break down the task into short meaningful stages d) Allow opportunities for movement breaks (e.g., erase the board, hand out notebooks) e) Constantly make stern remarks for any distraction	ACD
		Б1.О.05 Технологии планирования учебно-тренировочного процесса	Высокий	Arrange the stages of planning the training process in the correct sequence: a) Development of the calendar plan b) Determination of goals and objectives of training c) Distribution of workloads across stages d) Selection of training tools and methods	BDCA
		Б1.О.06 Управление качеством образования	Высокий	Which document in the Russian Federation regulates issues related to ensuring the quality of education? a) Federal Law “On Education in the Russian Federation” b) The Constitution of the Russian Federation c) The Labor Code of the Russian Federation d) The Civil Code of the Russian Federation	A

ОПК-4. Способен создавать и реализовывать условия и принципы духовно-нравственного воспитания обучающихся на основе базовых национальных ценностей	ОПК-4.1 Знает принципы и подходы к реализации процесса воспитания; методы и приемы формирования ценностных ориентаций обучающихся, развития нравственных чувств (совести, долга, эмпатии, ответственности и др.), формирования нравственного облика (терпения, милосердия и др.), нравственной позиции (способности различать добро и зло, проявлять самоотверженность, готовности к преодолению жизненных испытаний) нравственного поведения; документы, регламентирующие содержание базовых национальных ценностей	Б1.О.03 Педагогика и психология в профессиональной деятельности	Базовый	Which of the following is a key principle of implementing the educational process? a) The principle of uniformity and standardization for all students b) The principle of taking into account individual and age-related characteristics c) The principle of minimizing interaction with the family d) The principle of focusing solely on academic knowledge	b) The principle of taking into account individual and age-related characteristics
			Базовый	Match the moral feeling with its brief description: 1. Conscience 2. Duty 3. Responsibility A. The internal need to act in accordance with one's obligations. B. The inner feeling and awareness of one's responsibility for one's actions. C. The ability to be accountable for one's actions and their consequences.	1-B 2-A 3-C
			Высокий	Arrange the stages of forming a value orientation in the logical sequence of their application in the educational process: a) Awareness and acceptance of the value b) Presentation of the value and creation of an emotional response c) Gaining experience of value-based behavior in a life situation d) Comprehension and reflection on the value	BADC

			Высокий	Describe two methods for developing moral feelings (e.g., responsibility) in primary school students and justify their effectiveness.	1) Method of social projects: Students collectively plan and execute a useful task (e.g., helping a shelter). Effectiveness: creates a real situation of responsibility for a common cause. 2) Method of analyzing literary works and situations: Discussion of characters' actions. Effectiveness: develops the ability to empathize and evaluate actions from a moral standpoint.
			Повышенный	Develop a fragment of a class hour plan aimed at forming a moral position (the ability to distinguish between good and evil) among adolescents. Specify the goal, the main content of the activity, and the methods used.	Fragment: Goal: To form the ability to critically analyze actions and situations from the standpoint of good and evil. Content: Analysis of video clips from modern films and discussion of ambiguous situations where the line between good and evil is blurred. Methods: Problem-based discussion, work in micro-groups, case method.

			Повышенный	Which of the following documents regulate the content of basic national values in the Russian educational system? (Choose one or more options) a) Federal State Educational Standard for General Education (FSSES) b) The Strategy for the Development of Education in the Russian Federation for the period up to 2025 c) The Constitution of the Russian Federation d) The Concept of Spiritual and Moral Development and Education of the Personality of a Russian Citizen e) Sanitary Rules and Norms (SanPiN)	ABD
	ОПК-4.2 Создает воспитательные ситуации, содействующие становлению у обучающихся нравственной позиции, духовности, ценностного отношения к человеку	Б1.О.03 Педагогика и психология в профессиональной деятельности	Базовый	What is the main purpose of creating an "educational situation"? a) To test students' knowledge in a subject b) To provide a controlled experience for the assimilation of moral norms and values c) To organize students' leisure time d) To strictly regulate students' behavior	B
			Базовый	Match the type of value-based attitude with its characteristic manifestation in a student's behavior: 1. Value-based attitude towards a person 2. Value-based attitude towards work 3. Value-based attitude towards culture A. Respect for the results of others' work, diligence. B. Respect for another's opinion, empathy, willingness to help. C. Interest in cultural heritage, observance of cultural norms.	1-B, 2-A, 3-C

			Высокий	Arrange the stages of designing an educational situation in the correct sequence: a) Modeling the situation and defining the roles b) Formulating the pedagogical goal (what quality to develop) c) Organizing reflection and summarizing the results d) Selecting the content and forms of activity	BDAC
			Высокий	Describe an example of an educational situation for primary school students that would contribute to the formation of a value-based attitude towards people (e.g., tolerance). What is the teacher's role in this situation?	Example: Situation "We are so different." Students in pairs talk about their hobbies and find one common and one different interest. The goal is to show that differences are normal and enrich communication. The teacher's role: facilitator, organizer of the discussion, helping to formulate conclusions about the value of diversity.
			Повышенный	Develop a concept for a long-term educational project for teenagers aimed at developing spirituality and a moral position through volunteer activities. Indicate the key stages, expected results, and forms of reflection.	Concept: Project "Good Will." Stages: 1) Preparation (identifying needs, e.g., in a nursing home). 2) Planning (developing an action plan). 3) Implementation (organizing meetings, concerts, assistance). 4) Summing up (preparing a report, reflection). Expected results: development of empathy, responsibility, practical experience of mercy. Reflection: discussion in a circle, keeping a personal diary of a volunteer.

			Повышенный	Which of the following teacher actions directly contribute to creating a situation for developing a value-based attitude towards a person? a) Organizing a collective creative activity with role distribution and mutual assistance b) Holding a lecture on the importance of morality c) Using the method of ethical dialogue to discuss a conflict situation from life d) Introducing a system of fines for misconduct e) Creating a "Situation of Choice" where the student must make a decision based on moral norms	ACE
		Б1.О.06 Управление качеством образования	Базовый	Explain the role of national values in shaping the quality of spiritual and moral education in universities.	National values provide a foundation for ethical behavior and identity, guiding the development of curricula and educational practices that foster students' moral growth and social responsibility.
			Высокий	Arrange the stages of creating a moral educational situation in the right order: Identifying moral conflict or dilemma 1.Organizing a discussion or activity 2.Reflecting on experiences 3.Setting educational goals	4-1-2-3
	ОПК-4.3 Владеет методами и приемами становления нравственного отношения обучающихся к окружающей действительности; способами усвоения подрастающим поколением и претворением в практическое действие и поведение духовных ценностей (индивидуально-личностных, общечеловеческих, национальных, семейных и др.)	Б1.О.06 Управление качеством образования	Базовый	Which pedagogical approach best supports the development of students' spirituality and moral position? a) Behaviorism b) Constructivism c) Humanistic education d) Memorization	C
			Повышенный	Match the type of value with its example: A. Individual values B. National values C. Family values 1.Respect for elders within family 2.Patriotism and national pride 3.Personal integrity and honesty	A - 3, B - 2, C - 1

			Повышенный	Which approach best facilitates the internalization of spiritual and moral values? a) Rote memorization b) Experiential learning and reflection c) Strict discipline d) Lectures only	A
		Б1.О.03 Педагогика и психология в профессиональной деятельности	Базовый	Which method is aimed primarily at developing a moral attitude towards the surrounding reality? a) Conducting a control test b) Explanation of a theoretical concept c) Ethical conversation d) Physical exercise	C
			Базовый	Match the method of moral education with its brief description: 1. Example method 2. Exercise method 3. Encouragement method A. Organization of regular performance of required actions to develop stable habits of behavior. B. Use of a positive model (person, character) for imitation. C. Positive evaluation of students' actions to reinforce desirable behavior.	1-B 2-A 3-C
			Высокий	Arrange the stages of translating a spiritual value into practical action from the student's perspective: a) Gaining personal experience of an action based on value b) Emotional experience and value-based attitude formation c) Awareness and comprehension of the value d) Motivation and desire to act in accordance with the value	CBDA

			Высокий	Describe a specific technique for developing a moral attitude towards nature (ecological culture) in middle school students and explain the mechanism of its influence.	Technique: "The Court of Humanity over a Polluted River." Role-playing game where students play the roles of the river, plants, animals, humans, judges. Mechanism: Through empathy (feeling the pain of the river), awareness of cause-and-effect relationships, and finding solutions, a personal emotional and value-based attitude towards nature is formed, which is a motivator for future eco-friendly behavior.
			Повышенный	Develop a system of work for the class teacher aimed at assimilating the spiritual value of "mercy" by high school students and translating it into practical actions (specify at least 3 key activities and their pedagogical meaning).	System of work: 1) Information and awareness stage: A series of class hours with meetings with volunteers, discussion of films/books about mercy. Meaning: forming an image and understanding of the value. 2) Emotional and experiential stage: Visit to a shelter with a pre-prepared concert program and gifts made by oneself. Meaning: emotional experience, development of empathy. 3) Activity stage: Organization of a permanent patronage group to help an elderly person. Meaning: gaining stable experience of merciful behavior, turning it into a habit.

			Повышенный	Which of the following can be considered effective ways for students to translate spiritual values into practical actions and behavior? a) Mandatory memorization of moral rules b) Inclusion in socially significant projects and volunteer activities c) Organization of self-government in the classroom, where students make responsible decisions d) Systematic conduct of ethical discussions on acute social topics e) Ignoring conflicts among students to develop their independence	BCD
ОПК-5. Способен разрабатывать программы мониторинга результатов образования обучающихся, разрабатывать и реализовывать программы преодоления трудностей в обучении	ОПК-5.1 Знает принципы организации контроля и оценивания образовательных результатов обучающихся, разработки программ мониторинга; специальные технологии и методы, позволяющие разрабатывать и реализовывать программы преодоления трудностей в обучении	Б1.О.06 Управление качеством образования	Высокий	Analyze the role of the quality management system in enhancing the competitiveness of a university.	The quality management system helps a university improve its educational standards, administrative processes, and student satisfaction. This leads to better reputation, higher accreditation levels, and stronger appeal to students and partners, thereby enhancing the university's competitiveness in the higher education market.
			Высокий	Which quality management model is based on the PDCA cycle (Plan – Do – Check – Act)? a) Deming model b) Juran model c) Crosby model d) Ishikawa model	A

			Базовый	Read the text, select the correct answer, and provide an argument supporting your choice. A comprehensive characteristic of educational activities and a learner's training, reflecting the degree to which they meet federal state educational standards, educational standards, federal requirements, and/or the needs of an individual or legal entity in whose interests educational activities are carried out, including the extent of achieving the planned results of the educational program — Quality of education Criterion of quality Effectiveness of education Education management	1
	ОПК-5.2 Применяет инструментальный и методы диагностики и оценки показателей уровня и динамики развития обучающихся; проводит педагогическую диагностику трудностей в обучении	Б1.О.06 Управление качеством образования	Повышенный	Which of the following tools is used to analyze the causes of deviations in the quality of educational services? a) Ishikawa diagram b) SWOT analysis c) Ansoff matrix d) Stakeholder balance	A
			Базовый	What is the primary purpose of pedagogical diagnostics in education?	To identify students' learning difficulties and development levels.
			Высокий	Which instrument can help identify students' self-reported learning difficulties? a) Teacher observation b) Self-report questionnaire c) Standard achievement test d) Peer assessment	B
	ОПК-5.3 Использует методы контроля и оценки образовательных результатов обучающихся, разрабатывает программы мониторинга образовательных результатов обучающихся, оценки результатов их применения	Б2.О.01(П) Производственная педагогическая практика	Повышенный	Arrange the following steps in the correct order for developing a supplementary physical activity program: a) Reference existing standards and guidelines b) Assess participants' needs and capabilities c) Develop exercise classes d) Evaluate program effectiveness	B-A-C-D

ОПК-6 Способен проектировать и использовать эффективные психолого-педагогические, в том числе инклюзивные технологии в профессиональной деятельности, необходимые для индивидуализации обучения, развития воспитания обучающихся с особыми образовательными потребностями	ОПК-6.1 Знает психолого-педагогические основы учебной деятельности; принципы проектирования и особенности использования психолого-педагогических (в том числе инклюзивных) технологий в профессиональной деятельности с учетом личностных и возрастных особенностей обучающихся, в том числе с особыми образовательными потребностями	Б1.О.05 Технологии планирования учебно-тренировочного процесса	Базовый	Choose the correct answer: Which principle underlies the design of an inclusive educational environment? a) The principle of uniform requirements for all b) The principle of individualization and differentiation c) The principle of time efficiency d) The principle of constant monitoring	B
			Базовый	Arrange the sequence of stages in designing a lesson, considering psychological and pedagogical principles: a) Defining goals and objectives b) Diagnosing the characteristics and needs of learners c) Selecting content and methods d) Planning expected outcomes	BACD
			Высокий	Match the educational technology with its main characteristic: 1.Problem-based learning technology 2.Project-based activity technology 3.Game technologies a) Creating conditions for independent search and solution of educational problems b) Modeling real-life situations for mastering social roles c) Organizing collaborative activities to create a specific product	1A,2C,3B
	ОПК-6.2 Использует знания об особенностях развития обучающихся для планирования учебно-воспитательной работы; применяет образовательные технологии для индивидуализации обучения, развития, воспитания обучающихся, в том числе с особыми образовательными	Б1.О.05 Технологии планирования учебно-тренировочного процесса	Базовый	Arrange the sequence of actions by the educator when planning educational and upbringing work, considering the identified characteristics of the class: a) Analyzing the results of class diagnostics b) Formulating educational and instructional goals c) Selecting specific methods and forms of work d) Choosing content and technologies	ABDC

	потребностями		Высокий	Develop a fragment of an educational event plan (3-4 key stages) aimed at fostering tolerant attitudes in the class towards a student with special educational needs (for example, with a musculoskeletal disorder).	1.Motivation stage: watching and discussing a short inspiring video about people with disabilities who have achieved success. 2.Reflection stage: the "Strengths" exercise – group work where each student (including the student with special needs) identifies and presents their strengths. 3.Reflection stage: discussing how each person's strengths can help the entire class in joint projects.
	ОПК-6.3 Учитывает особенности развития обучающихся в образовательном процессе; отбирает и использует психолого-педагогические (в том числе инклюзивных) технологии в профессиональной деятельности для индивидуализации обучения, развития, воспитания, в том числе обучающихся с особыми образовательными потребностям; разрабатывает и реализует индивидуальных образовательных маршрутов, индивидуально ориентированных образовательных программ (совместно с другими субъектами образовательных отношений)				

ОПК-7. Способен планировать и организовывать взаимодействия участников образовательных отношений	ОПК-7.1 Демонстрирует знание педагогических основ построения взаимодействия с субъектами образовательного процесса; методов выявления индивидуальных особенностей обучающихся; особенностей построения взаимодействия с различными участниками образовательных отношений с учетом особенностей образовательной среды учреждения	Б1.О.03 Педагогика и психология в профессиональной деятельности	Базовый	What is the primary goal of identifying individual characteristics of students in the educational process? a) To assign final grades b) To ensure an individualized approach to learning and interaction c) To group students by their physical abilities only d) To standardize the teaching methods for all	B
			Базовый	Match the key concept with its brief description: 1. Educational Environment 2. Individual Characteristics 3. Pedagogical Interaction A. The unique personal, cognitive, and social qualities of a student. B. The system of purposeful influences and mutual relations between teacher and students. C. The set of conditions, resources, and relationships within an educational institution.	1-C 2-A 3-B
			Высокий	Arrange the initial stages of building pedagogical interaction in the correct logical order: a) Analyzing the specific educational environment of the institution b) Identifying the individual characteristics of students c) Defining the goals of the interaction d) Selecting appropriate methods and forms of interaction	CABD

			Высокий	Describe two methods for identifying the individual characteristics of students (e.g., learning styles, social background) and explain how knowledge of these characteristics can influence the way a teacher plans interaction with parents.	Methods: 1) Observation: Systematically noting students' behavior, participation, and social interactions in different contexts. 2) Diagnostic surveys/questionnaires: Using standardized or self-developed tools to assess learning preferences, interests, or socio-emotional state. Influence: Knowing a student's learning style (e.g., visual) allows the teacher to suggest specific home-based learning strategies to parents. Understanding a student's social background (e.g., quiet due to family issues) helps the teacher approach parent-teacher conversations with greater empathy and tact, focusing on support rather than blame.
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			Повышенный	Develop a framework for a teacher's initial analysis of their new educational environment (e.g., a specific school). What key aspects related to participants, resources, and institutional culture should be examined to effectively plan pedagogical interaction?	Framework: 1) Participants: Student body (age, socio-cultural background, prevalent needs), teaching staff (collaborative culture, experience), parents (level of involvement, expectations). 2) Resources: Material and technical base, availability of support specialists (psychologist, speech therapist), information environment. 3) Institutional Culture: Stated and unstated rules, traditions, values, leadership style, prevailing approach to discipline and learning.
			Повышенный	When building interaction with various participants (students, parents, colleagues), considering the educational environment, a teacher should base their approach on: (Choose one or more options) a) A uniform communication style for everyone to ensure fairness b) Diagnostic data on individual and group characteristics c) The specific goals of the interaction and the context of the situation d) The formal hierarchy within the school, limiting interaction with staff from different departments e) The principles of cooperation and mutual respect	BCE
		Б1.О.06 Управление качеством образовани	Базовый	What is the primary goal of understanding individual characteristics of learners in physical education?	To tailor activities that meet each learner's needs and abilities.

			Высокий	Arrange the steps for building effective interaction with learners: 1. Identify learner needs 2. Establish mutual respect 3. Provide feedback 4. Plan activities	1-2-4-3
			Базовый	Explain how understanding learners' individual characteristics can influence the choice of educational activities in physical culture classes.	It helps tailor exercises to accommodate physical abilities, motivation levels, and learning styles, increasing engagement and effectiveness.
			Повышенный	Put in order the process of identifying and respecting special needs of learners in physical culture classes: 1. Assess individual needs 2. Develop personalized activities 3. Communicate with learners about their needs 4. Implement adapted exercises	1-3-2-4
		Б1.О.05 Технологии планирования учебно-тренировочного процесса	Базовый	Which of the listed principles is key to building pedagogical interaction with participants in the educational process in a sports school? a) The principle of maximum load b) The principle of individualization and consideration of students' individual characteristics c) The principle of standardization of training processes d) The principle of competitive selection	В

			Высокий	Describe which methods you will use to identify the individual psychophysiological characteristics of learners (for example, in a group of adolescents engaged in team sports), and how this will influence your interaction with them in the educational and training process.	1.Methods: pedagogical observation, conversation, questionnaires, testing for nervous system type, keeping an athlete's journal. 2.Impact on interaction: for choleric types — emphasizing self-control; for phlegmatic types — focusing on increasing motivation and activity; differentiation of tasks and tone of communication.
			Высокий	Match the type of participant in educational relationships with the most effective, pedagogically sound form of interaction with them in the conditions of a sports boarding school: 1.Young athlete (12 years old) 2.Parent of an athlete 3.Coach of a related group 4.School administration A) Joint viewing and analysis of training video recordings, individual discussions on tactics B) Written analytical reports, participation in pedagogical councils C) Informing through an electronic diary, individual consultations on load management and nutrition D) Joint planning of the inter-match cycle, mutual attendance of training sessions.	1A,2C,3D,4B

			Повышенный	As the head coach of a swimming group, which of the following actions would you include in the participant interaction plan to address low motivation in part of the group? (Select multiple options) a) Conduct individual conversations with each athlete to identify the causes of motivation decline. b) Increase the volume of standard training loads for the entire group. c) Organize a joint meeting with athletes, their parents, and a psychologist to discuss goals and difficulties. d) Introduce variety into the training process (game methods, relays). e) Limit interaction with "unmotivated" athletes to avoid demotivating the others.	ACD
	ОПК-7.2 Использует особенности образовательной среды учреждения для реализации взаимодействия субъектов; составлять (совместно с другими специалистами) планы взаимодействия участников образовательных отношений; организует взаимодействие участников образовательного процесса в рамках предметной сферы	Б1.О.03 Педагогика и психология в профессиональной деятельности	Базовый	The main purpose of a joint interaction plan developed with other specialists is to: a) Replace the subject curriculum b) Ensure a coordinated and targeted approach to supporting a student or group c) Limit the autonomy of individual teachers d) Report to the school administration on work performed	B
			Базовый	Match the participant in educational relations with a typical form of interaction with them within the subject area: 1. Students 2. Parents 3. Colleagues (other teachers) A. Subject-based consultations, parent-teacher meetings on learning progress. B. Interdisciplinary project planning meetings, methodical associations. C. Group work, differentiated tasks, educational dialogues in class.	1-C 2-A 3-B

			Высокий	Arrange the steps for organizing interaction with a school psychologist to support a student with learning difficulties in your subject: a) Jointly developing and implementing adapted tasks and support strategies b) Formulating a specific request to the psychologist based on your observations c) Analyzing the results of the joint work and adjusting the plan d) Discussing the psychologist's diagnostic findings and recommendations	BDAC
			Высокий	Describe how you would use a specific feature of your school's educational environment (e.g., a project-based learning culture, strong IT infrastructure, community partnerships) to organize effective subject-based interaction for a group of students. Provide a concrete example.	Example: In a school with strong community partnerships, a history teacher could organize interaction by inviting a veteran or local historian to a lesson on World War II. This uses the environment's resource to create a real-world connection, fostering interactive Q&A sessions and discussions between the guest and students, making the subject matter more engaging and memorable.

			Повышенный	You need to develop a comprehensive interaction plan (jointly with a colleague from another subject and a school psychologist) for a class preparing for final exams. The plan should aim to reduce anxiety and improve revision efficiency. Outline the key sections and collaborative actions in this plan.	Plan Outline: 1) Diagnostic Section: Jointly (teacher-psychologist) conduct a survey to identify main stress factors and difficult topics. 2) Content-Methodological Section: Teachers coordinate to create an integrated revision schedule, avoiding topic overload. Develop joint interdisciplinary tasks. 3) Psychological-Pedagogical Support Section: Psychologist conducts group sessions on stress management. Teachers implement recommended techniques (e.g., brain breaks, positive feedback). 4) Communication Section: Organize joint parent-teacher meeting to present the unified support strategy. 5) Reflection and Adjustment Section: Schedule regular brief meetings to monitor progress and adjust the plan.
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		Б1.О.06 Управление качеством образования	Повышенный	Effective organization of interaction within the subject area, considering the educational environment, involves: (Choose one or more options) a) Using only universal methods that work in any context b) Creating situations that require collaboration between students c) Integrating knowledge from other subjects where relevant d) Working in isolation to maintain subject purity e) Leveraging institutional resources (labs, libraries, digital platforms) to facilitate interaction	BCE
			Высокий	Match the activity with its appropriate outcome: a. Using the sports facilities b. Developing joint interaction plans c. Organizing group activities 1.Enhances teamwork and cooperation. 2.Ensures effective use of resources. 3.Facilitates collaboration among participants.	a - 2, b - 1, c - 3
			Базовый	Arrange the steps to develop an interaction plan with participants:** 1.Identify participant needs 2.Conduct a meeting with the team 3.Define specific interaction goals 4.Allocate resources and roles	1-2-3-4
			Высокий	Which step best describes the process of collaborative planning between specialists for implementing physical education programs? a) Conducting individual assessments b) Developing joint action plans c) Organizing separate activities d) Assessing learners' needs	B
			Высокий	How do you reconcile different perspectives of participants when creating interaction plans?	Through open dialogue, consensus-building, and incorporating diverse inputs.

	ОПК-7.3 Владеет технологиями взаимодействия и сотрудничества в образовательном процессе; способами решения проблем при взаимодействии с различным контингентом обучающихся; приемами индивидуального подхода к разным участникам образовательных отношений	Б1.О.06 Управление качеством образования	Повышенный	Evaluate the challenges and strategies for organizing effective interaction among diverse participants in a university physical education program	Challenges include differing backgrounds, motivation levels, and schedules; strategies involve tailored approaches, clear communication, and participatory planning.
		Б1.О.03 Педагогика и психология в профессиональной деятельности	Базовый	Which of the following is a key characteristic of cooperative learning technology? a) Students working individually towards a common goal without communication b) Positive interdependence and individual accountability within a group c) The teacher providing direct instruction for the entire lesson d) Competition as the primary motivator between students	B
			Базовый	Match the problem situation with a potential technique for an individual approach: 1. A gifted student is bored in class. 2. A shy student avoids participating in group work. 3. A student consistently challenges the teacher's authority. A. Assign the role of a "helper" or "consultant" to peers. B. Provide private, positive feedback and assign specific, manageable roles in the group. C. Offer choices in tasks, provide enrichment materials.	1-C 2-B 3-A

			Высокий	Arrange the general steps for resolving a conflict between two students using a cooperative approach: a) Facilitating a dialogue where each party expresses their feelings and view of the situation b) Helping students identify the root cause of the conflict and their shared goal (e.g., a peaceful classroom) c) Guiding students to generate and agree upon a mutually acceptable solution d) Acknowledging the emotions of both students and establishing ground rules for conversation	DABC
			Высокий	Describe a specific cooperative learning technique (e.g., Jigsaw, Think-Pair-Share) and explain how it can help address a common problem when interacting with a mixed-ability student population.	Technique: Jigsaw. Explanation: In a mixed-ability class, Jigsaw ensures that each student, regardless of their initial ability level, becomes an "expert" on a subtopic and is responsible for teaching it to their peers. This addresses the problem of passive learners and dominant students by structuring interdependence. It gives less confident students a manageable, focused task and a defined role, boosting their participation and sense of value, while requiring all students to engage with the material actively.

			Повышенный	Develop a strategy for a class teacher to foster a cooperative environment among a new class of students coming from diverse cultural and social backgrounds, where initial cliques and misunderstandings have formed. Your strategy should include specific technologies and techniques for the first month.	Strategy: Week 1-2: Building Safety and Positive Identity. Use "Find Someone Who..." bingo with non-academic topics. Implement structured, frequently changing small-group icebreaker activities (e.g., "Two Truths and a Lie"). Week 3-4: Structured Cooperation on Academic Tasks. Introduce simple cooperative structures like "Think-Pair-Share" and "Round Robin" for low-stakes tasks. Launch a small, graded group project with clearly defined, interdependent roles (Researcher, Designer, Presenter) and require a group process reflection. Ongoing: Teacher uses "positive framing" to highlight examples of successful cross-group cooperation and explicitly teaches and models active listening and respectful disagreement.
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			Повышенный	When applying an individual approach to different participants (students, parents), effective techniques include: (Choose one or more options) a) Using the same communication style and arguments for everyone for consistency b) Varying the forms and channels of communication based on the recipient's preferences (e.g., message, call, meeting) c) Tailoring the content and examples used to the individual's experiences and interests d) Focusing communication solely on academic performance and rule compliance e) Actively listening and showing empathy to understand the participant's perspective	BCE
ОПК-8. Способен проектировать педагогическую деятельность на основе специальных научных знаний и результатов исследований	ОПК-8.1 Учитывает в проектировании педагогической деятельности особенности требований к субъектам педагогической деятельности; результаты научных исследований в сфере педагогической деятельности	Б1.О.01 Методология и методы научного исследования в профессиональной деятельности	Базовый	Which of the following is the primary stage of designing pedagogical activity based on scientific data? a) Selecting teaching methods b) Analyzing the target audience (subjects of activity) and their characteristics c) Planning the lesson d) Determining the venue	B
			Базовый	Arrange the stages of designing pedagogical activity according to scientific research in the correct order: A) Analyzing current research on the topic B) Diagnosing the characteristics and needs of learners C) Formulating goals and objectives based on the obtained data D) Selecting appropriate methods and forms	BACD

			Высокий	Match the results of recent scientific research in the field of physical culture with its impact on the design of pedagogical activities: Research: High efficacy of high-intensity interval training (HIIT) in developing aerobic endurance among youth has been proven. A positive correlation between the use of game-based methods and motivation in children aged 10-12 has been identified. The importance of load differentiation for students with different body types has been established. Impact on design: A) The program for children includes more relay races and role-playing games. B) The training plan for endurance development incorporates short HIIT sessions. C) When planning strength training, individualized task cards are prepared.	1B,2A,3C
			Повышенный	Based on current scientific data on cognitive load and working capacity, develop a project (structure and rationale) for a two-hour practice-oriented seminar for master's students on the topic "Innovative Technologies in Sports Training."	The project should include alternating blocks: brief theoretical overview (20 minutes), practical exercises in small groups (40 minutes), case analysis (30 minutes), reflection and discussion (30 minutes). Rationale: considering attention span, switching activity types to reduce cognitive load, and emphasizing active learning methods.

			Повышенный	Analyze the proposed training plan for adolescents aimed at developing speed-strength qualities. What modern scientific data (e.g., about age-specific load norms, biomechanics) might have been overlooked if: a) there is no warm-up focused on the CNS; b) the volume of jumping exercises exceeds the recommended amount for this age? Provide correction recommendations.	The plan does not consider research on the need to activate the CNS during warm-up for explosive activities and data on injury risks to the musculoskeletal system in adolescents. Recommendations: include reactive exercises and brief accelerations in the warm-up; reduce the volume of jumps by replacing part with controlled bodyweight resistance exercises.
	ОПК-8.2 Использует современные специальные научные знания и результаты исследований для выбора методов в педагогической деятельности	Б1.О.01 Методология и методы научного исследования в профессиональной деятельности	Базовый	The choice of pedagogical methods in physical culture should be based on: a) The instructor's personal experience b) Current scientific data on their effectiveness c) Convenience for the instructor d) Traditions established in the institution	B
			Базовый	Arrange the sources of scientific knowledge by their relevance and priority for a master's student in physical culture when selecting methods: A) Monographs from the 1980s B) Articles in peer-reviewed scientific journals from the last 3 years C) Abstracts of dissertations (dissertation summaries) from the last 5 years D) Scientific reviews (reviews) in international databases	BDCA

			Высокий	Match the pedagogical task in training students with the scientifically based method that should be chosen to address it: Task: 1.Develop a skill for critical analysis of scientific literature. 2.Cultivate the ability to apply theories in practice under conditions of uncertainty. 3.Practice the skill of publicly presenting research results. Method: A) Case-study method (analysis of specific professional situations) B) Project method with subsequent presentation and defense C) Organization of seminars in the format of a "journal club"	1C,2A,3B
			Высокий	Justify the choice of circuit training method for a session with students, citing current scientific data on its effectiveness for developing physical qualities and saving time.	Research (for example, in the journal "Theory and Practice of Physical Culture") shows that circuit training allows for comprehensive development of strength and aerobic qualities through continuous work on stations, promotes high motor density during the session, and can be easily adapted to different levels of fitness.

			Повышенный	Based on the latest research in neurophysiology of motor activity (for example, the role of mirror neurons), propose an innovative method for teaching a complex motor skill (e.g., the crawl swimming technique) and describe it in detail.	The "Video Modeling with Delayed Feedback" method. Stages: Demonstration of the ideal technique on video with commentary highlighting key points. Learner's execution of the exercise. Comparison of their recording with the reference via a special application that highlights errors. Correction and refinement. Justification: Activation of mirror neurons during observation and comparison enhances motor learning.
	ОПК-8.3 Осуществляет выбор методов, форм и средств педагогической деятельности в зависимости от контекста профессиональной деятельности с учетом результатов научных исследований	Б1.О.01 Методология и методы научного исследования в профессиональной деятельности	Базовый	Arrange the steps of the algorithm for selecting methods and means of pedagogical activity: A) Analysis of material and technical conditions (gym, equipment) B) Determination of the main goal of the lesson (training, practice, development) C) Consideration of individual characteristics of learners (gender, age, level) D) Selection of specific methods and appropriate means for them	BCAD

			Высокий	Match the professional context (task) of a master's student in physical culture with the recommended combination of forms and means, considering research data: 1. Conducting a master class for trainers on innovative methods of strength training. 2. Organizing a health and fitness event for office workers. 3. Scientific and methodological analysis of an athlete's movement technique. Correspondence: A) Form: practical seminar. Means: presentation, strength training equipment, load monitoring systems (sensors). B) Form: testing with consultation. Means: video analysis, force platform, biomechanics analysis software. C) Form: interactive group workout. Means: functional equipment (fitballs, resistance bands), music accompaniment, gamification elements.	1A,2C,3B
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			Повышенный	Design a fragment of a professional development program for physical education teachers on the topic "Digital Tools in Pedagogical Activities." Describe key methods, formats, and specific digital tools (software, gadgets), referencing research on their effectiveness.	Methods: master class, small group work, project-based approach. Formats: blended learning involving face-to-face sessions and LMS (Learning Management System). Tools: video analysis applications (e.g., Coach's Eye), wearable trackers (fitness bands), interactive whiteboards for analyzing tactical schemes. Justification: Research shows that combining practical work with digital tools enhances teachers' technological competence and motivation.
			Повышенный	Evaluate the effectiveness of various recovery methods (massage, stretching, cryotherapy) for inclusion in the educational and training process of student-athletes. Based on a meta-analysis of current scientific articles, propose an optimal protocol for their application after high-intensity load.	According to meta-analyses, massage and cryotherapy have the most proven effectiveness for reducing muscle soreness (DOMS) and speeding up recovery. Stretching does not show significant influence on recovery. Protocol: After high-intensity training — localized cryotherapy (ice bath) for 10-15 minutes; after 1.5–2 hours — restorative massage.

Код и наименование компетенции	Индикатор достижения компетенции	Дисциплина / модуль / практика	Уровень сложности	Задание	Ключ
ПК-1. Способен организовывать деятельность обучающихся, направленную на освоение дополнительной общеобразовательной программы	ПК-1.1 Демонстрирует знания педагогических процессов различного типа в условиях дополнительного образования	Б1.В.01 Технологии дополнительного образования детей и взрослых в сфере физической культуры	Высокий	Match the component with its primary function: Warm-up exercises Main workout Cool-down period a) Reduces muscle stiffness and gradually lowers heart rate b) Prepares the body for intense activity c) Increases overall fitness and skill development	1-B 2-C 3-A
			Базовый	Describe the key differences between training for children and training for adults in physical education programs.	Children's training focuses on motor skills development, fun, safety, and age-appropriate activities, with an emphasis on motor diversification. Adult training emphasizes health maintenance, strength, endurance, and skill development, often with more structured and goal-oriented approaches.
			Повышенный	Order these steps for creating a safety plan for physical education classes: a) Conduct risk assessment b) Implement safety measures c) Train instructors on safety procedures d) Review and update safety protocols regularly	ACBD
		Б1.В.03 Теория и организация спортивно-массовой деятельности	Базовый	Please provide an answer to this question. Which state authority is the main body for managing mass sports activities and coordinating the activities of physical culture and sports organizations in the Russian Federation?	Ministry of Sports

			Повышенный	Give an answer to this question. What traditional complex mass event in several sports, organized for a wide range of participants, includes: sports program, mass entertainment, physical culture events?	Sports Contest
			Базовый	Read the text, choose the correct answer and write down the argument that justifies the choice of answer. What is the determining criterion when choosing a venue for a major interregional sports festival? 1) Transport accessibility 2) Availability of sports facilities 3) Compliance of infrastructure with safety requirements 4) Economic feasibility	3
			Повышенный	Read the text, choose the correct answer and write down the argument justifying the choice of answer. What is the principle underlying the formation of a calendar plan for mass sports events? 1) The principle of sequence 2) The principle of continuity 3) The principle of complexity 4) The principle of consistency	4
			Базовый	Read the text and set the sequence by entering in the answer field a sequence of numbers corresponding to the correct sequence without using additional characters and spaces. Stages of the sports competition: 1) Registration of participants and teams 2) Drawing lots 3) Preparation of technical documentation 4) Medical examination 5) Opening of the competition	31425
			Повышенный	Read the text and set the sequence by entering in the answer field a sequence of numbers corresponding to the correct sequence without using additional characters and spaces. Stages of organizing a mass sports event: 1) Development of the regulations on holding the event 2) Formation of the organizing committee 3) Drawing up a calendar of events 4) Development of cost estimates 5) Approval of the competition regulations	23145

			Базовый	Correlate the competition system and its features (use all the options). A. Defeat means elimination B. Combination of elements of different systems C. Each meets every D. It is especially effective when conducting competitions with a large number of participants E. Distribution of places in descending order of points scored 1. Circular 2. Cup 3. Mixed	23131
			Повышенный	Compare the competition system and its features. A. Individual or team competition with accumulation of points. B. Comprehensive mass competition in several sports. C. Highest Official competition of the year. D. Entertainment and sports event with an emphasis on mass. 1. Sports contest 2. Sports Festival 3. Championship 4. Cup	4132
		Б2.О.02(П) Производственная профессионально-ориентированная практика	Повышенный	Read the text, select the correct answer options, and write down the argument justifying your choice. Which of the listed features are characteristic of both formal and informal forms of organizing physical exercises in higher education institutions? Conducted under the guidance of a physical education specialist; Participation of the regular student body; Presence of a structure consisting of preparatory, main, and concluding parts; Focused on solving physical education tasks; Clear organization of students' activities.	3,4,5
			Базовый	Match the main methods of organizing students' activities with their brief descriptions: A. Sequential — 4. All students receive the same task and perform it one after another B. Group — 3. The class is divided into teams of 5 people, each team receiving a separate task C. Individual — 2. Each student receives a separate task D. Frontal — 1. All students receive the same task and perform it simultaneously	4,3,2,1

		Б1.В.02 Образовательные технологии в физической культуре и спорте	Повышенный	Provide an answer to the question. Who is the author of the educational technology based on intensifying the learning process using block presentation of educational material and supporting signals?	V. Shatalov.
			Повышенный	Read the text, select the correct answer, and write down the argument justifying your choice. Which information processing mechanism is engaged by the use of supporting notes with verbal and visual information? Synchronous work of both hemispheres of the brain; Sequential processing of information; Consideration of age-related features of brain development.	1
	ПК-1.2 Отбирает соответствующие методы и приемы педагогического общения в процессе конструирования педагогических процессов в условиях дополнительного образования	Б1.В.02 Образовательные технологии в физической культуре и спорте	Повышенный	Provide an answer to the question. What is the term for the method of learning in which students study a subject by solving assigned questions and independently finding solutions?	Problem-based learning
			Повышенный	Provide an answer to the question. What does gamification of the educational process entail?	The use of game mechanics in non-game contexts to enhance user engagement, motivation, and productivity.
		Б1.В.03 Теория и организация спортивно-массовой деятельности	Базовый	Please provide an answer to this question. What kind of personality quality is mainly developed in athletes who regularly participate in competitions of various levels?	Purposefulness
			Повышенный	Give an answer to the question. What is the key indicator for planning the competition load for young athletes specializing in cross-country running distances aged 15-16 years?	Speed Endurance
			Базовый	Read the text, choose the correct answer, and write down the argument that justifies the choice of answer. This factor is crucial in determining the rest interval between competitions for young athletes? 1. Age of the athlete 2. Sport type 3. Functional state 4. Previous Start Results	3

			Повышенный Read the text, select the correct answer, and write down the argument that justifies the choice of answer. The method of monitoring the work of the judging team is the most effective for ensuring the objectivity of judging. 1. Anonymous voting system 2. Video monitoring of judges ' actions 3. Rotation of judging teams 4. Preliminary draw 5. Cross-checking system	4
			Базовый Read the text and set the sequence by entering in the answer field a sequence of digits corresponding to the correct sequence without using additional characters or spaces. Stages of summing up the competition results: 1. Drawing up final protocols 2. Checking the results 3. Entering data in the database 4. Counting team results 5. Registration of award documents 6. Approval of results	214635
			Повышенный Read the text and set the sequence by entering in the answer field a sequence of digits corresponding to the correct sequence without using additional characters or spaces. Stages of organizing the work of volunteers at competitions: 1. Development of a volunteer training program 2. Creating requirements for candidates 3. Recruitment of volunteers 4. Organization of a medical examination 5. Distribution by functional groups 6 Provision of instruction and training 7. Developing a motivation system 8. Registration of required documents	27348156

			Базовый	Correlate the type of sports discipline and the specifics of judging work (use all options 3 times each): A. Monitoring compliance with the rules and regulations of the game process. B. Assessment of target accuracy and accuracy. C. Measurement of quantitative indicators of results (time, distance, weight). D. Evaluation of the artistic impression and artistry. E. Monitoring the correct execution of tactical actions F. Evaluation of the complexity and originality of the elements. G. Monitoring compliance with technical parameters of equipment. H. Assessment of the synchronicity of actions of employees. I. Recording violations of the rules and applying sanctions. 1. Game sports. 2. Technical sports. 3. Complex coordination sports.	122313231
			Повышенный	Correlate the type of sports competition and the optimal composition of the judging panel A. Chief Judge, 2 deputies, 5 judges, Secretary B. Chief judge, deputy judge, 3 judges C. Chief Judge, 5 judges, Secretary D. Chief Judge, 2 judges, Secretary 1. Mass sports events 2. Regional competitions 3. All-Russian competitions 4. Municipal competitions	A-3 B-2 C-1 D-4
			Повышенный	Correlate the type of sports competition and the optimal composition of the judging panel A. Chief Judge, 2 deputies, 5 judges, Secretary B. Chief judge, deputy judge, 3 judges C. Chief Judge, 5 judges, Secretary D. Chief Judge, 2 judges, Secretary 1. Mass sports events 2. Regional competitions 3. All-Russian competitions 4. Municipal competitions	A-3 B-2 C-1 D-4
		Б2.О.02(П) Производственная профессионально-ориентированная практика	Повышенный	Read the text, select the correct answer, and write down the argument justifying your choice. A completed cycle of education, characterized by a certain unified set of requirements — level of education; quality of education; competence; orientation of education.	4

			Повышенный	Read the text, select the correct answer, and write down the argument justifying your choice. Devices, equipment—including sports equipment and inventory, tools (including musical ones), visual aids, computers, information and telecommunication networks, hardware and software tools, audiovisual means, printed and electronic educational and informational resources, and other material objects needed for organizing educational activities — educational and upbringing tools; teaching methods; educational technologies; methodological complexes.	1
			Высокий	Provide an answer to the question. Who are the participants in educational relationships?	(Give examples or describe common characteristics) Students, parents (legal representatives) of minors, pedagogical staff and their representatives, organizations engaged in educational activities.
	ПК-1.3. Владеет профессиональными практическими умениями, необходимыми для конструирования педагогических процессов различного типа в условиях дополнительного образования	Б1.В.03 Теория и организация спортивно-массовой деятельности	Базовый	Please provide an answer to this question. What stage of preparation for a mass sports event is responsible for forming the judging panel?	Organizational
			Повышенный	Give an answer to the question. What is the gesture of the referee in volleyball in the form of an index finger up with a turn of the hand?	Point
			Базовый	Read the text, choose the correct answer, and write down the argument that justifies the choice of answer. When conducting mass sports events for children under 10 years of age, what is the maximum time for continuous participation in competitions recommended, taking into account age characteristics? 1. 30 minutes 2. 45 minutes 3. 90 minutes 4. 60 minutes	4

			Повышенный	Read the text, choose the correct answer and write down the argument that justifies the choice of answer. When organizing a mass sports event in an open area with the participation of more than 1000 people, what is the minimum radius of the safe zone around the main site that should be provided according to the regulations? Possible responses: 1. 10 meters 2. 25 meters 3. 50 meters 4. 75 meters	3
			Базовый	Read the text and set the sequence by entering in the answer field a sequence of numbers corresponding to the correct sequence without using additional characters or spaces. Actions to take when an emergency occurs at a sports facility: 1. Informing responsible services 2. Evacuation of participants and spectators 3. Assessment of the situation and decision-making 4. Providing first aid to victims 5. Preserving the scene of an accident 6. Informing the organizers and judges	324165
			Повышенный	Read the text and set the sequence by entering in the answer field a sequence of numbers corresponding to the correct sequence without using additional characters and spaces. Preparation of documentation for holding children's sports competitions: 1. Development of regulations on competitions taking into account age groups 2. Making a list of necessary medical equipment 3. Preparing parental consent forms 4. Development of the rules of conduct taking into account child psychology 5. Preparation of cost estimates for baby food and rewards 6. Preparation of instructions for judges and volunteers 7. Development of a system for registering participants by age	1473256
			Базовый	Correlate sports and competition rules. A. Card system B. Electronic timekeeping C. Division into weight categories D. Evaluation of the complexity of elements 1.Box 2.Gymnastics 3. Athletics 4. Football	4312

			Повышенный	Compare the types of sports events and the organization's requirements (for each type of event, choose the two most appropriate options from the suggested requirements). A. Inclusion of several sports in the program B. Logistics organization C.Event security D. Temporary regulations E..Informational support F. Food and hydration points G.Inventory and equipment H.Sanitary standards I. Mandatory team-based scoring G.Technical equipment 1.Marathon 2.Chess tournament in 3. Sports Contest 4. Festival of Sports 5. Swimming Cup	3142412535
		Б2.О.02(П) Производственная профессионально-ориентированная практика	Базовый	Read the text, select the correct answer options, and write down the argument justifying your choice. From the given means and methods of assessing the effectiveness of physical education, choose those that are pedagogical and are carried out by a physical education instructor — testing of physical fitness; assessment of physical development; evaluation of motor density of activities; monitoring students' academic performance; assessment of the health status of participants.	134
			Повышенный	Read the text, select the correct answer, and write down the argument justifying your choice. The document that defines the list, workload, sequence, and distribution of educational subjects, courses, disciplines (modules), practices, other types of educational activities, and, unless otherwise specified by this Federal Law, the forms of intermediate certification of students — curriculum; educational standard; educational program; academic schedule.	1
			Повышенный	Provide an answer to the question. The level of knowledge, skills, abilities, and competence characterizing readiness to perform a specific type of professional activity is the of a graduate.	qualification

			Повышенный	Read the text and determine the sequence by entering the sequence of digits corresponding to the correct order, without using additional symbols or spaces. Which document sets the requirements for the provision of educational publications per student — curriculum; educational standard; educational program; academic schedule.	2
			Повышенный	Read the text and determine the sequence by entering the sequence of digits corresponding to the correct order, without using additional symbols or spaces. Arrange in the correct sequence the stages of preparing documentation for organizing sports competitions at a university: defining the goals and objectives of the event developing the regulations for the competitions collecting applications and determining team eligibility creating the game schedule	1234
		Б1.В.01.03 Образовательные технологии в физической культуре и спорте	Повышенный	Match the educational technologies with the pedagogical systems proposed by great educators and their distinctive features. A. Amosonvili — 4. Humanistic-personal approach, creation of a democratic environment B. Makarenko — 3. Upbringing through labor, collectivism, self-discipline C. Ushinsky — 1. Moral enlightenment and national education D. Shatalov — 2. Creation of a motivational environment and intensive learning	4312
ПК-2. Способен планировать и проводить учебные занятия в предметной области физической	ПК-2.1 Планирует занятия в предметной области с учетом требований образовательных стандартов	Б1.В.01 Технологии дополнительного образования детей и взрослых в сфере физической культуры	Базовый	List three factors that influence the effectiveness of supplementary physical education programs.	Participant motivation, program design quality, instructor expertise.

культуры по программам общего, профессионального и дополнительного образования			Повышенный	How can the integration of modern technologies (e.g., fitness apps, wearable devices) enhance the planning and execution of physical education lessons?	These technologies can provide real-time feedback, monitor students' physical activity levels, personalize training programs, and increase engagement, thereby making lesson planning more data-driven and effective.
			Высокий	Put the following methods of motivating adult learners in physical education in order from most to least effective: a) Personal goal setting b) Group challenges c) Providing positive feedback d) Offering variety in activities	CABD
			Высокий	Evaluate how the integration of inclusive education principles influences the planning of physical activities for children with disabilities.	Incorporating inclusive principles requires adapting activities to meet diverse needs, ensuring accessibility, and fostering an environment of cooperation and respect, which influences the selection of activities, teaching strategies, and assessment methods.
			Базовый	Which of the following are essential considerations in developing a lesson plan for children? (Select all that apply) a) Age appropriateness b) Safety precautions c) Lesson duration d) Personal goals of the instructor	ABC

	ПК-2.2 Использует педагогически обоснованные формы, методы и приемы организации деятельности обучающихся	Б2.О.02(П) Производственная профессионально-ориентированная практика	Повышенный	Read the text, select the correct answer, and write down the argument justifying your choice. A set of mandatory requirements for education at a certain level and/or for a profession, specialty, and training direction, approved depending on the level of education by the federal executive authority — Federal State Educational Standard; Basic Educational Program; Academic Calendar Schedule; Adapted Educational Program.	1
			Базовый	Read the text, select the correct answer, and write down the argument justifying your choice. The type of education aimed at students acquiring knowledge, skills, and abilities during the mastery of basic professional educational programs, and forming competencies of a certain level and scope, enabling them to engage in professional activities in a specific field and/or perform work related to a particular profession or specialty Professional Education; Vocational Training; Additional Education; General Education.	1
			Базовый	Read the text, select the correct answer, and write down the argument justifying your choice. The type of education aimed at the comprehensive fulfillment of a person's educational needs in intellectual, spiritual-moral, physical, and/or professional development, and not accompanied by a change in educational level Professional Education; Vocational Training; Additional Education; General Education.	3
		Б1.В.02 Образовательные технологии в физической культуре и спорте	Повышенный	Match educational technologies and pedagogical systems proposed by great educators with their distinctive features: А. Амонашвили — 1. moral enlightenment and national education Б. Макаренко — 3. education through labor, collectivism, self-discipline В. Ушинский — 4. humane-personal approach, creation of a democratic environment Г. Шаталов — creating a motivational environment and intensive learning.	4312

			Повышенный	Provide an answer to the question. What does gamification of the educational process involve?	The use of game mechanics in non-game processes to increase engagement, motivation, and productivity of users.
			Повышенный	Provide an answer to the question. What is the name of the method of learning where students study a subject by solving assigned questions, independently finding ways to solve them?	Problem-based learning
		Б1.В.01 Технологии дополнительного образования детей и взрослых в сфере физической культуры	Высокий	Arrange the following steps in organizing a physical activity session using pedagogically justified methods: a) Choose suitable methods and forms b) Conduct the activity c) Evaluate the effectiveness of organization d) Assess learners' abilities and needs	DBCA
			Повышенный	Which of the following is an example of a pedagogically justified form of activity organization? a) Solo work without feedback b) Group work with peer feedback c) Passive listening only d) Repetitive exercises without variation	B
			Высокий	Match the pedagogical method with its description: 1. Demonstration 2. Practice in small groups 3. Discussions a) Explaining concepts verbally b) Showing how to perform exercises c) Learners actively engaging in exchanging ideas and reflecting	1-B 2-C 3-A
	ПК-2.3 Применяет современные образовательные технологии при планировании и организации учебных занятий и досуговых мероприятий в предметной области в сфере дополнительного образования	Б1.В.01 Технологии дополнительного образования детей и взрослых в сфере физической культуры	Базовый	Analyze how integrating innovative pedagogical approaches, such as gamification, impacts the organization of extracurricular physical activities.	Gamification increases motivation, engagement, and enjoyment, fostering a competitive yet collaborative environment, which enhances learning outcomes and makes activities more appealing to learners.

			Базовый	Explain what is meant by modern educational technologies in the context of physical culture extracurricular education.	Modern educational technologies refer to innovative tools and methods such as digital platforms, interactive learning, gamification, and blended learning that improve planning and delivery of physical culture activities.
			Высокий	Arrange the steps for integrating modern educational technology into an extracurricular physical culture lesson: a) Analyze learner needs and resources available b) Select appropriate technology tools c) Implement the lesson plan using selected tools d) Evaluate the effectiveness of technology use	ABCD
			Высокий	Match the modern educational technology with its description: 1. Gamification 2. Blended learning 3. Virtual reality a) Using game elements to motivate learners b) Combining online and offline teaching methods c) Immersive digital environment for practice	1-A 2-B 3-C
ПК-3. Способен разрабатывать программно-методическое обеспечение реализации дополнительной общеобразовательной программы	ПК-3.1 Демонстрирует знания требований к разработке и использованию программно-методического обеспечения дополнительных программ в зависимости от уровня образования	Б1.В.01 Технологии дополнительного образования детей и взрослых в сфере физической культуры	Повышенный	Arrange the following steps in developing a software-supporting physical culture program: A) Testing the program with target users B) Defining educational objectives C) Designing the interface D) Implementing feedback mechanisms	ABCD
			Базовый	What criteria should be used to select appropriate software tools for physical education programs?	Criteria include usability, accessibility, adaptability, content relevance, and compatibility with target audience needs.

			Базовый	Match the method of evaluation with its purpose: a) Pre-test b) Post-test c) Continuous assessment 1) Measure learning outcomes after training 2) Assess initial knowledge and skills 3) Monitor progress during the program	A-2 B-1 C-3
			Базовый	Provide an answer: Which document is a mandatory part of the program-methodological support of an additional general education program? a) Curriculum b) Calendar-thematic plan c) Work program d) Attendance journal	C
			Сложный	Arrange the logical stages of developing the program-methodological support of an additional program in the correct sequence: A) Defining the goals and objectives of the program B) Selecting forms and methods of instruction C) Developing criteria for assessing results D) Creating the educational-thematic plan	ABCD
	ПК-3.2 Разрабатывает программно-методическое сопровождение образовательных программ в зависимости от целевой аудитории	Б1.В.01 Технологии дополнительного образования детей и взрослых в сфере физической культуры	Сложный	Develop a concept (including the main components and principles) for a software-methodological package for the remote course "Home Fitness for Office Workers." Consider the characteristics of the target audience: hypodynamia (sedentary lifestyle), stress, limited space and time, and varying initial fitness levels.	Create a remote course package focusing on adaptable, safe home exercises for office workers with limited space and time, addressing sedentary habits, stress, and different fitness levels.

			Повышенный	Analyze the following case: "A software-methodological package for a children's mini-football section, developed for a sports school in a large city, was implemented without modifications in a rural school. After a month, the coach faced problems: lack of equipment, differing skill levels within the group, and no medical room." What key elements of support needed to be adapted for the new target audience and conditions? Outline a specific plan for refining the methodological materials.	Adapt support elements such as equipment alternatives, scalable exercises for varying skill levels, and safety protocols without medical facilities; develop flexible, context-specific guidelines and include resource management strategies for rural settings.
ПК-4. Способен планировать и проводить прикладные научные исследования в сфере образования	ПК-4.1 Определяет методологические основы исследовательской деятельности в сфере дополнительного образования	Б1.О.01 Методология и методы научного исследования в профессиональной деятельности	Базовый	What is the primary basis for formulating a hypothesis in a scientific study in the field of supplementary physical education? a) The coach's personal experience b) A problem identified based on analysis of theory and practice c) The desire to achieve a new result d) Availability of free time	В
			Базовый	Arrange the components of the research methodological framework in the logical order of their determination: A) Object and subject of the research B) Goals and objectives C) Relevance and problem D) Hypothesis	CABD
			Высокий	Match the research goals in the field of physical culture with the appropriate general methodological approach (approach): Research goal: 1. Identify the dynamics of adolescents' motivation to participate in a section when changing a coach. 2. Assess the effectiveness of a new method for developing flexibility in gymnasts. 3. Study social factors influencing adult engagement in health groups. Approach: A) Systematic approach B) Personal-activity approach C) Comparative (comparative) approach	1B,2C,3A

			Высокий	Describe the difference between the object and the subject of research using the example of the topic "Effectiveness of the game method in developing coordination abilities in children aged 10-12 in the system of supplementary education."	The object — the educational and training process in a children and youth sports section. The subject — the influence of the game method on the development of specific coordination abilities (for example, spatial orientation, rhythm) in children of this age group.
	ПК-4.2 Проектирует программы исследований в рамках выбранной проблематики	Б1.О.01 Методология и методы научного исследования в профессиональной деятельности	Базовый	Which section of the research program contains a detailed description of the data collection procedure? a) Theoretical significance b) Methods and organization of the research c) Relevance d) List of references	B
			Базовый	Arrange the stages of designing an empirical research program in the correct order: A) Selection of methods and development of tools (questionnaires, protocols) B) Definition of the sample and conditions of conduct C) Formulation of tasks to be experimentally verified D) Planning of methods for statistical data processing	CABD
			Высокий	Match the research tasks in the field of physical culture with the appropriate data collection method: Task: 1. Identify the underlying motives for adults attending a fitness club. 2. Evaluate the dynamics of heart rate (HR) in schoolchildren during a new format physical education lesson. 3. Establish the relationship between body type and success in a specific type of athletics. Method: A) Heart rate monitoring (pulse measurement). B) Anthropometric measurements and analysis of sports results. C) In-depth interview.	1C,2A,3B

			Повышенный	Develop a comprehensive applied research program on the topic "Formation of professional identity among future coaches during master's practice." Include the goal, tasks, methods (at least three different ones), stages, and expected outcomes.	Goal: To identify pedagogical conditions for the formation of professional identity in future coaches. Tasks: 1.Analyze the concept of professional identity in the context of sports coaching. 2.Develop and pilot a model of practical training aimed at forming professional identity. 3.Evaluate the dynamics of professional identity development during practice. Methods: Literature analysis Questionnaires Focus groups Method of critical incidents Content analysis of practice diaries Stages: Theoretical (literature review and conceptual framework development) Project (designing the model and tools) Experimental (implementing and testing the model)
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					Analytical (data processing and interpretation) Expected results: A validated model of practical training for forming professional identity Methodological recommendations for coaches and educators
	ПК-4.3 Организует деятельность команды для проведения научного исследования в сфере образования	Б1.О.01 Методология и методы научного исследования в профессиональной деятельности	Базовый	Arrange the stages of organizing a research team in logical order: A) Setting general goals and objectives for the team B) Distributing responsibilities and areas of accountability C) Choosing the team leader/project manager D) Planning communication strategies and interim controls	CABD
			Базовый	Match the stage of a research project in the field of physical culture with the recommended form of team organization: Project stage: 1.Collection of theoretical material for the literature review. 2.Processing and interpretation of experimental data. 3.Preparation of the article for publication. Organization form: A) Collective discussion of results, brainstorming for conclusions. B) Individual work on finding sources based on established keywords. C) Joint editing of the text in Google Docs with assigned roles (author, reviewer, proofreader).	1B,2A,3C

			Высокий	Develop a charter (regulation) for the work of a graduate student research team working on a joint project. Include sections: team goals, roles and responsibilities, decision-making procedures, meeting planning, and conflict management.	Goals: Conduct research and publish an article. Roles: Team leader, methodologist, data collector, statistician, technical writer. Decision-making: Decisions are made collectively after discussion; the team leader has the decisive vote in case of deadlock. Meetings: Weekly, with an agenda and minutes. Conflicts: Discussed at meetings; if unresolved, escalated to the scientific supervisor for consideration.
ПК-5. Способен анализировать результаты научных исследований, применять их при решении конкретных научно-исследовательских задач в сфере образования	ПК-5.1 Использует научные источники информации для конструирования содержания образовательной деятельности	Б2.О.02(П) Производственная профессионально-ориентированная практика	Базовый	Read the text, select the correct answer, and write down the argument justifying your choice. A set of methodological, didactic, and instructional developments that ensure and support educational activities, including program-methodological documentation, educational publications, and informational-analytical materials — Educational and Methodological Support of the Educational Process; Organizational and Methodological Support of the Educational Process; Material and Technical Support of the Educational Process; Normative and Legal Support of the Educational Process.	1

			Высокий	Provide an answer to the question. Give 1-2 examples of violations of anti-doping rules:	Presence of a prohibited substance or its metabolites or markers in a sample taken from an athlete's body; Refusal to provide a sample; Falsification or attempts to falsify at any stage of doping control.
	ПК-5.2 Анализирует результаты научных исследований и применяет их в решении научно-исследовательских задач	Б1.О.01 Методология и методы научного исследования в профессиональной деятельности	Базовый	What is the ultimate goal of analyzing the results of a scientific study in the field of physical culture? a) Description of the obtained data b) Formulation of conclusions and practical recommendations c) Compilation of a bibliographic list d) Preparation of a presentation	В
			Базовый	Arrange the stages of analyzing the results of a scientific study in logical order: A) Interpretation of data in the context of the hypothesis and research objectives B) Systematization and generalization of the obtained data C) Evaluation of the reliability and validity of the results D) Formulation of conclusions and practical suggestions	BCAD

			Высокий	Match the results of a scientific study in the field of physical culture with possible application directions in solving a research task: Results: 1.It has been proven that high-intensity interval training (HIIT) leads to a more significant increase in VO2max indicators in adolescents compared to traditional aerobic training. 2.It has been identified that motivation for physical activity among students is higher when using game-based activity formats. 3.It has been established that adding proprioception exercises reduces the risk of ankle injuries in basketball players. Application directions: A) Developing a new methodology for conducting physical education classes for university students. B) Adjusting training programs for young athletes in cyclical sports. C) Introducing a special block of exercises into the warm-up of a sports team.	1B,2A,3C
			Высокий	Describe how the results of a study demonstrating the effectiveness of circuit training for developing general endurance among students can be applied to improve the physical fitness level of postgraduate students who have low scores on the Cooper test.	Based on these results, it is possible to develop and implement a series of training sessions using circuit training aimed at increasing endurance. These sessions should be conducted 2-3 times a week, with gradual increases in intensity and volume. The effectiveness can be monitored through re-testing with the Cooper test after 6-8 weeks.

	ПК-5.3 Использует современные методы обработки научной информации	Б1.О.05 Технологии планирования учебно-тренировочных процессов	Базовый	Which of the listed statistical methods is most suitable for identifying differences in endurance test results between two groups of athletes before and after the experiment? a) Descriptive statistics (mean, standard deviation) b) Student's t-test for independent samples c) Correlation analysis d) Factor analysis	B
			Базовый	Arrange the stages of working with scientific information in the research planning process in the correct order: A) Collection of empirical data B) Formulation of the hypothesis C) Analysis and interpretation of results using statistical methods D) Selection of data processing methods E) Planning the experiment	BEADC
			Высокий	Match the type of data obtained in a physical education study with the modern method used to analyze it: Type of data: 1. Ratings of physical fitness levels (high, medium, low) among three different student groups. 2. Reaction time measurements (in milliseconds) of fencers before and after specialized training. 3. The relationship between training volume (hours per week) and athletic performance (scores). Analysis method: A) Paired t-test B) Ranks-based analysis of variance (Kruskal-Wallis test) C) Pearson correlation coefficient	1B,2A,3C.

			Повышенный	You are presented with research results on the effect of a new training program on cyclists' performance. The data include: PWC170 indicators before and after the experiment, subjective fatigue assessments (on a scale from 1 to 10), and biochemical analysis data (lactate levels). Develop a comprehensive plan for processing this diverse information using modern methods (including statistical and qualitative techniques) to derive well-founded conclusions.	1.For quantitative data such as PWC170 and lactate levels: calculate descriptive statistics, check for normality of distribution (Shapiro-Wilk test), and apply the paired t-test to compare pre- and post-measurements. 2.For subjective fatigue ratings (ordinal scale): use the non-parametric Wilcoxon signed-rank test. 3.To determine relationships between changes in PWC170, lactate, and subjective assessments: perform correlation analysis (Spearman or Pearson, depending on data distribution). 4.For a comprehensive conclusion: employ integrative assessment methods, such as calculating standardized effect sizes (Cohen's d).
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		Б2.О.02(П) Производственная профессионально- ориентированная практика	Базовый	Provide an answer to the question. Which document is the main one in the organizational support of sports competitions?	Regulations, rules.
			Базовый	Provide an answer to the question. In which document are the participant's details for admission to the competition indicated (passport data, age, qualification, medical clearance)?	Application form.
			Повышенный	Match the levels of management and implementation of student physical education activities — A. Rector 1. Overall management, resource allocation B. Departments of Physical Education 2. Implementation of the educational process, methodological support C. Student Communities 3. Ensuring students' participation in intra-university competitions	123